

# *Regional injuries and Sequelae*

**Dr. Asela Mendis**

Regional injuries comprise of injuries to various anatomical locations.

Include injuries to the head, spine, neck, chest, abdomen, bones, limbs and joints.

This lecture will deal with all types of regional injuries except head injuries.

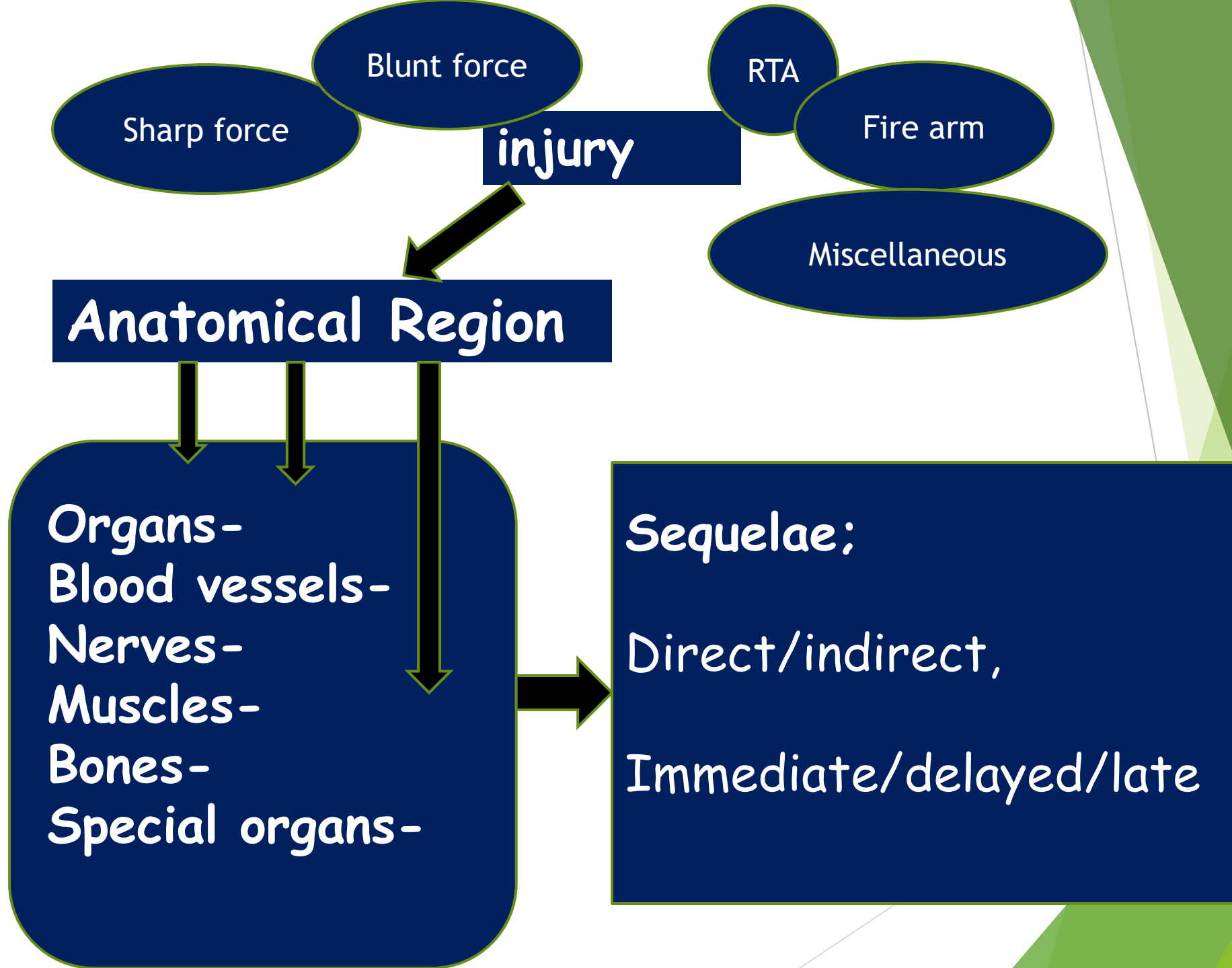
# Objectives

- Understand the importance of injury types in relation to the anatomical site.
- Understand the mechanism of or the reasons for particular injury.
- Understand the importance of underlying and associated structures and organs.
- Develop skills necessary to analyze the types and pattern of injuries in different types of trauma.

Why do you need to know these?

- ▶ **Determining the manner/circumstance of death or injury.**
- ▶ **Determining the cause of death.**
- ▶ **Formulating opinion on mechanism of death.**
- ▶ **Coexistence of disease and trauma.**

- ▶ **Complications of therapy.**
- ▶ **Intoxications.**
- ▶ **Intentional cessation of life support.**
- ▶ **Compensation issues.**



Sharp force

Blunt force

RTA

Fire arm

Miscellaneous

**injury**

**Anatomical Region**

Organs-  
Blood vessels-  
Nerves-  
Muscles-  
Bones-  
Special organs-

**Sequelae;**

Direct/indirect,

Immediate/delayed/late

**There are**

- **Different types of injuries.**
- **Different degrees of injuries.**
- **Involvement of different organs.**
- **Involvement of important and vital structures.**

**Therefore when an injury occur;**

**there are different sequel/complications which depends on the structures involved.**

Many people die as a result of traumatic injuries;

- Often within seconds,
- Minutes or
- Hours.

However some die days or weeks later

Occasionally a person might die years after.

In some cases injuries cause a significant amount of morbidity as well.

In most cases it is due to a complication arising out of the injury.



These sequelae or complications  
can be sub-divided in to  
immediate,  
delayed and  
late  
complications.

**Another way to classify is as direct and indirect complication.**

Direct sequelae:

Haemorrhage; -

Sudden circulatory failure and death.

Haemopericardium causing cardiac tamponade,  
Haemo/haemopneumo- thorax

Raised intracranial pressure

Brain stem haemorrhages

Shock; less rapid haemorrhage lead to shock.

Circulatory failure.

Hypovolaemic shock.

Renal failure from acute tubular necrosis.

Disseminated intra-vascular coagulation.

Damage to vital organs. - brain, heart, lungs, liver, kidneys

Unexpected causes. - reflex cardiac arrest, neurogenic shock  
caused by severe pain.

## Indirect sequelae

### Infection:

Septicaemia, tetanus, gas gangrene, bed sores,  
Pneumonia; including hypostatic pneumonia.

Fat embolism,

Air embolism,

Pulmonary embolism.

Injury aggravating pre-existing diseases -  
ischaemic heart disease, hypertension, liver failure,  
renal failure

Surgical repair of injuries under anaesthesia. -  
anaesthetic misadventure, surgical misadventure.

Remote complications - epilepsy following head  
injury, rupture of aneurysms, adhesions, hernia etc.

# **Anatomical regions involved;**

- ▶ **Face**
- ▶ **Neck**
- ▶ **Chest**
- ▶ **Abdomen**
- ▶ **Upper limb**
- ▶ **Lower limbs**
- ▶ **Neuro-vascular structure**
- ▶ **Spinal cord**

**What are the  
sequelae of injuries?**

# History of Traumatic Event

- ▶ What was the mechanism of injury?
- ▶ Was the patient mobile, restrained, or stationary?
- ▶ Is the injury the result of blunt or penetrating trauma?
- ▶ Was the object that caused the injury mobile or stationary?
- ▶ Can the degree of energy transfer be estimated?
- ▶ Are there any associated thermal or chemical injuries present?

# Face





# Approach to the Patient with Traumatic Injury of the Face

- Facial trauma is defined as injury to the soft tissues of the face (including the ears) and to the facial bony structures.
- May result in hemorrhage and airway obstruction accompanied by multisystem involvement (as many as 60% of patients have associated injuries)
- Evaluation includes history, physical exam, and diagnostic imaging

# Facial injuries

## ▶ Mortality

- ▶ Primarily associated with brain and spine injury
- ▶ Severe facial fractures may interfere with airway and breathing

## ▶ Morbidity

- ▶ Disability concerns
- ▶ Cosmetic concerns

# Facial trauma

- ▶ Seldom life-threat unless injury involves the airway
- ▶ Spinal motion restriction
- ▶ Airway is the most difficult and most critical priority
- ▶ Consider early intubation
- ▶ Suction and control bleeding
- ▶ Critical trauma patient - transport accordingly

# Facial trauma

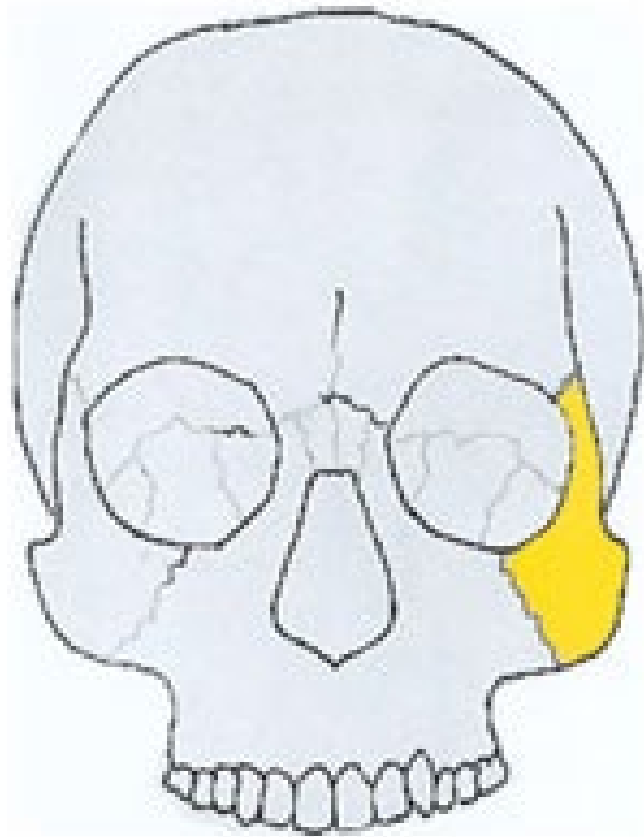
## ▶ Causes

- ▶ MVC, home accidents, athletic injuries, animal bites, violence, industrial accidents...

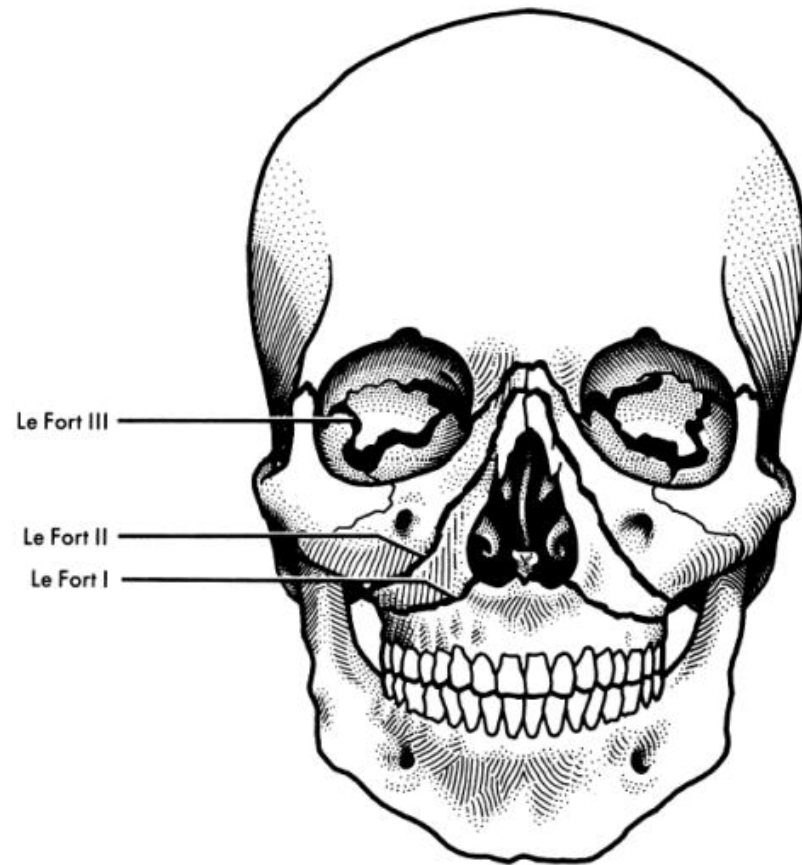
## ▶ Soft tissue

- ▶ Lacerations, abrasions, avulsions
- ▶ Vascular area supplied by internal and external carotids

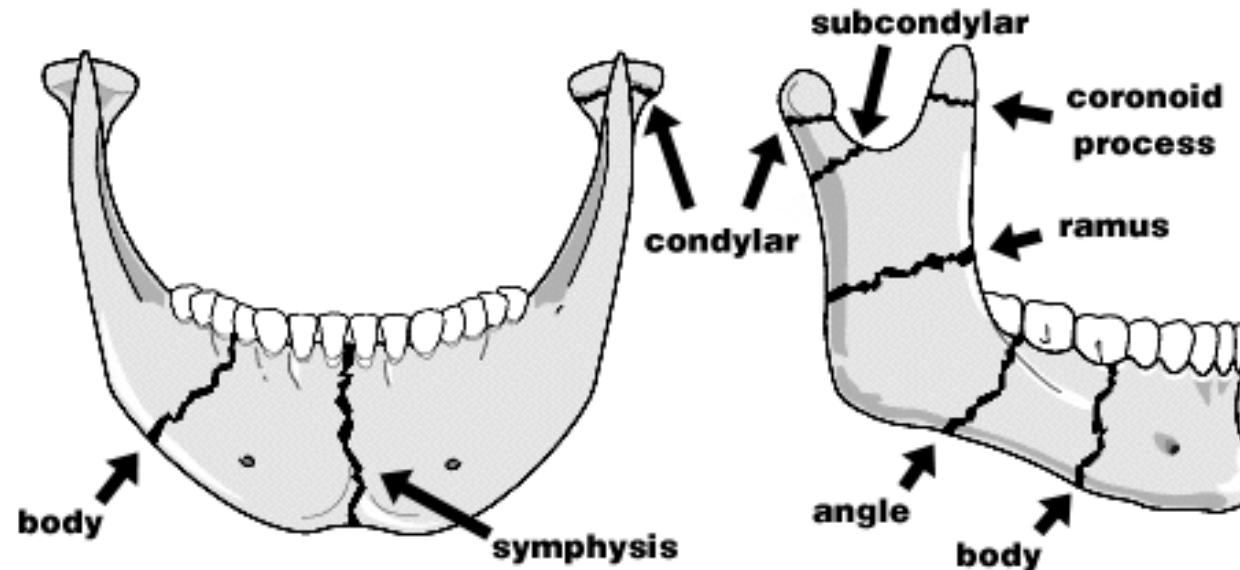
# Zygomatic Fractures



# Maxillary Fractures



# Mandibular Fractures



- ▶ Any patient with malocclusion after facial trauma is assumed to have mandibular fracture until proven otherwise

# Ear Pathologies

- ▶ Auricular Hematoma
- ▶ Tympanic Membrane Rupture
- ▶ Otitis Externa
- ▶ Otitis Media



# Ear

## Auricular Hematoma

Figure 1: Courtesy of Sandra E. Lane, MD

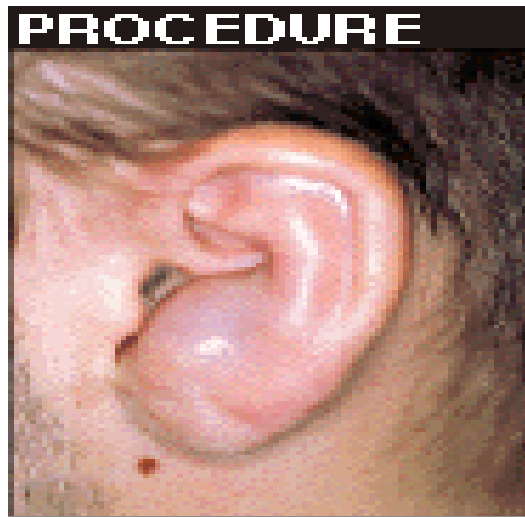


Figure 1. Auricular hematoma in a wrestler.

Figure 2: Courtesy of Sandra E. Lane, MD

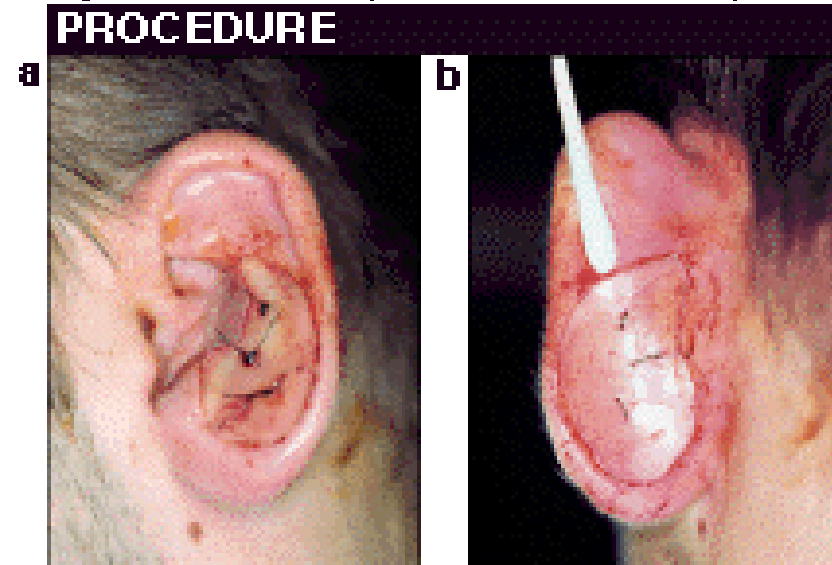
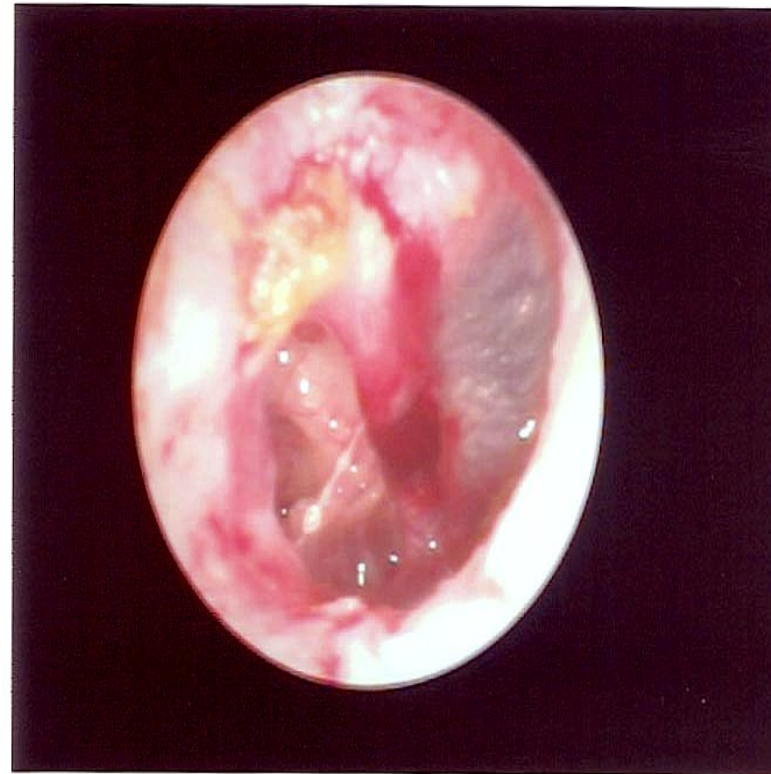
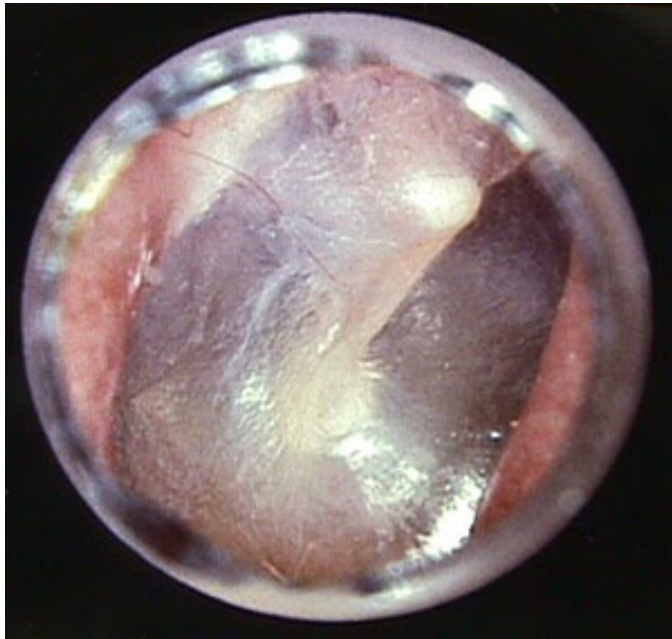


Figure 2. Anterior (a) and posterior (b) placement of the silicone splint.

# Ear Tympanic Membrane Rupture



YANKTON MEDICAL CLINIC EAR, NOSE, & THROAT DEPARTMENT

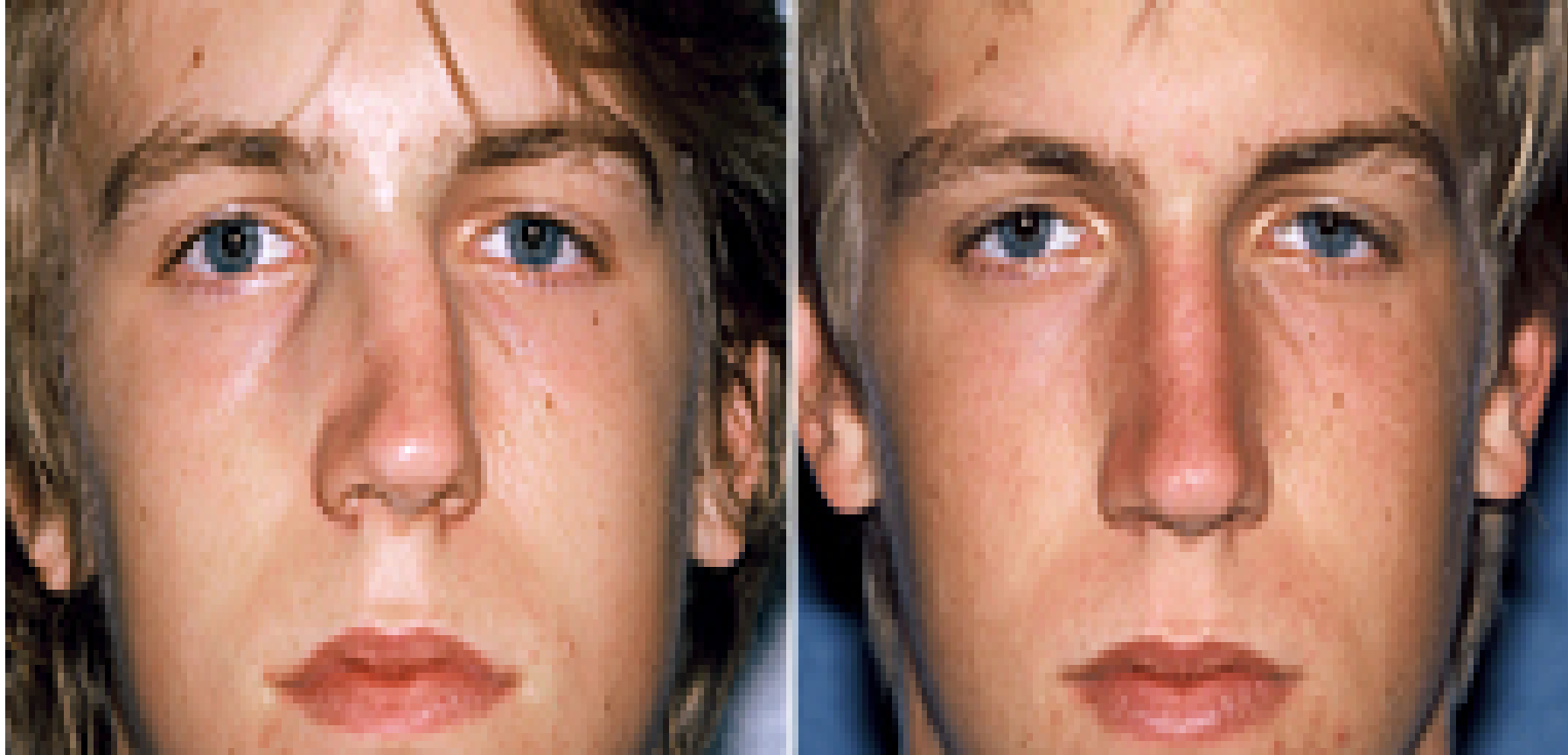
# Nasal Injuries

- ▶ Epistaxis
- ▶ Nasal fractures
- ▶ Deviated Septum

# Nose Epistaxis



# Nose Nasal Fracture



# Nose

## Deviated Septum



# Eye Injuries

## General Eye Evaluation

- ▶ History
- ▶ Inspection
  - ▶ Periorbital region
  - ▶ Eyebrows
  - ▶ Eyelids
  - ▶ Globe orientation
    - ▶ Orbital concerns
- ▶ Palpation
  - ▶ Supraorbital ridges
  - ▶ Nasal, frontal, zygomatic bone/arch
- ▶ Functional Test
  - ▶ Visual fields
  - ▶ Eye movements
  - ▶ Vision
  - ▶ CN Testing
    - ▶ II, III, IV, VI
- ▶ Neurological Testing
- ▶ Ophthalmoscope
- ▶ Remember to look for S/S of Head Injury

# Eye Pathologies

- ▶ Orbital Hematoma
- ▶ Orbital fractures (Blowout fracture)
- ▶ Ruptured Globe
- ▶ Corneal Abrasion
- ▶ Corneal Laceration
- ▶ Hyphema
- ▶ Iritis
- ▶ Detached Retina
- ▶ Conjunctivitis
- ▶ Hordeolum
- ▶ Periorbital Lacerations
- ▶ Foreign Bodies
- ▶ Contact Lens Removal

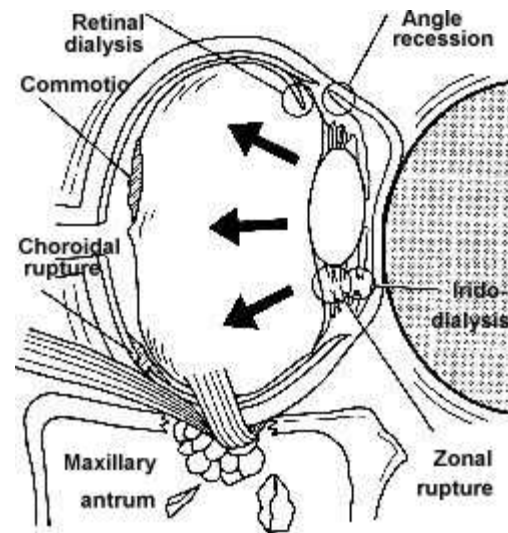


# Eye Orbital Hematoma

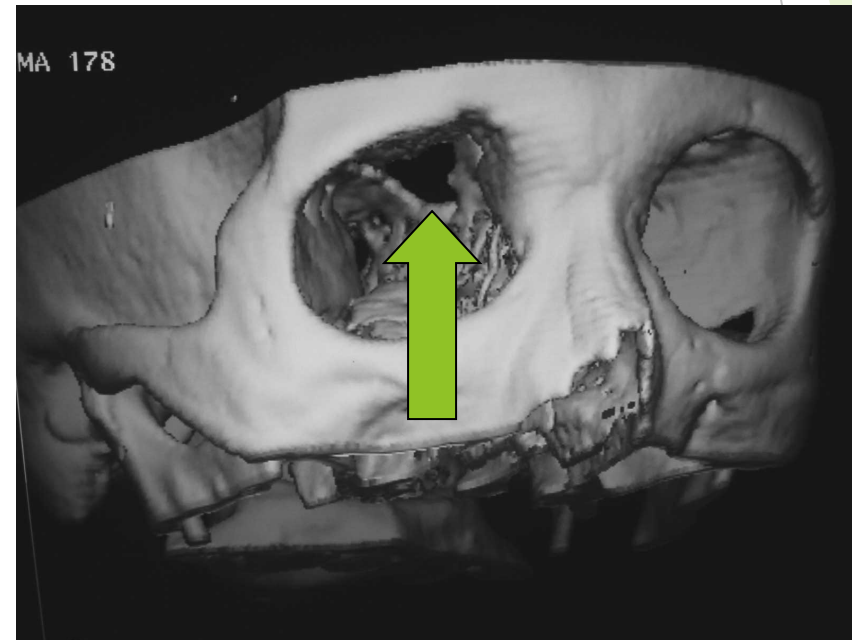


# Eye Orbital Fracture

- ▶ Mechanism/Etiology
  - ▶ AKA “Blow Out” or “Blow Up” fracture



Blow out fracture

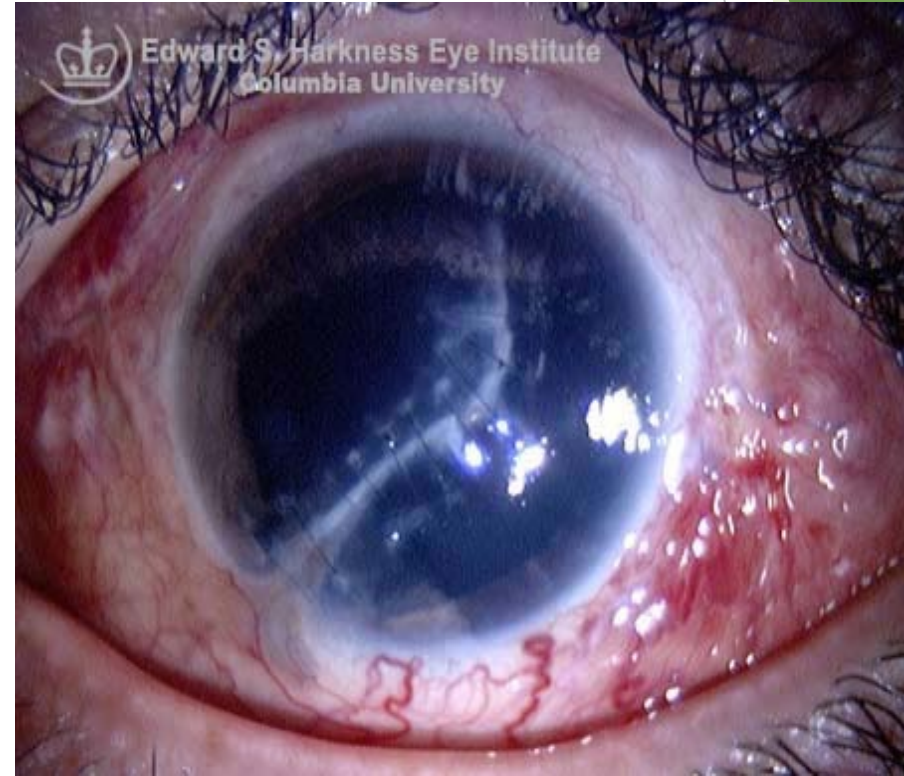


Blow up fracture

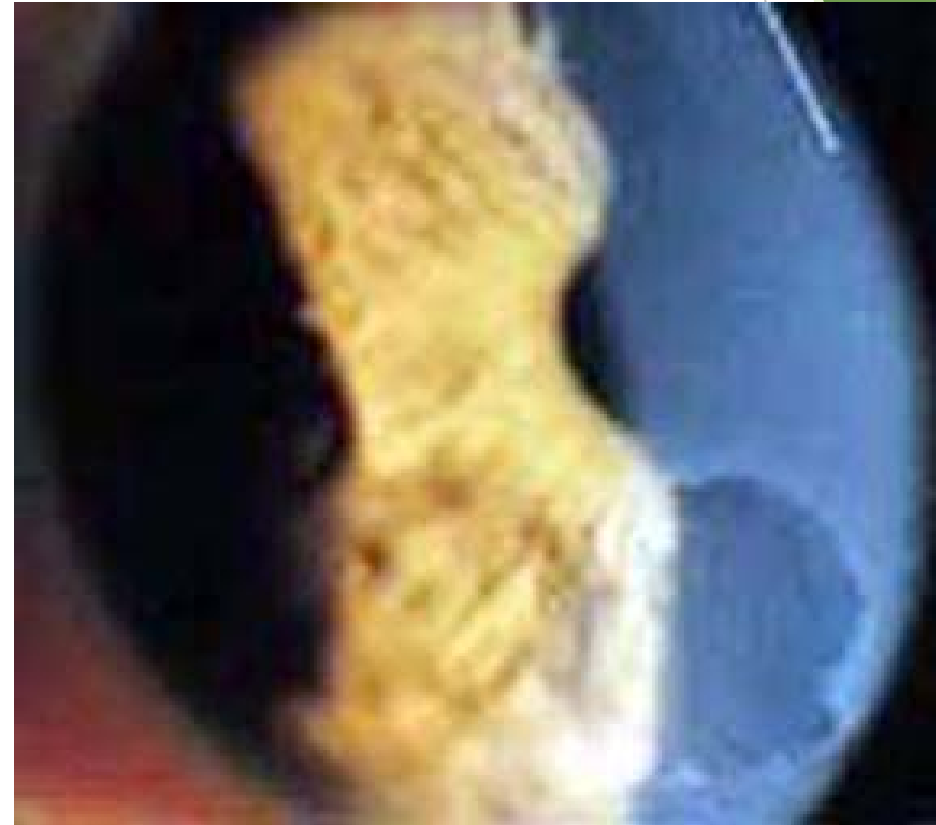
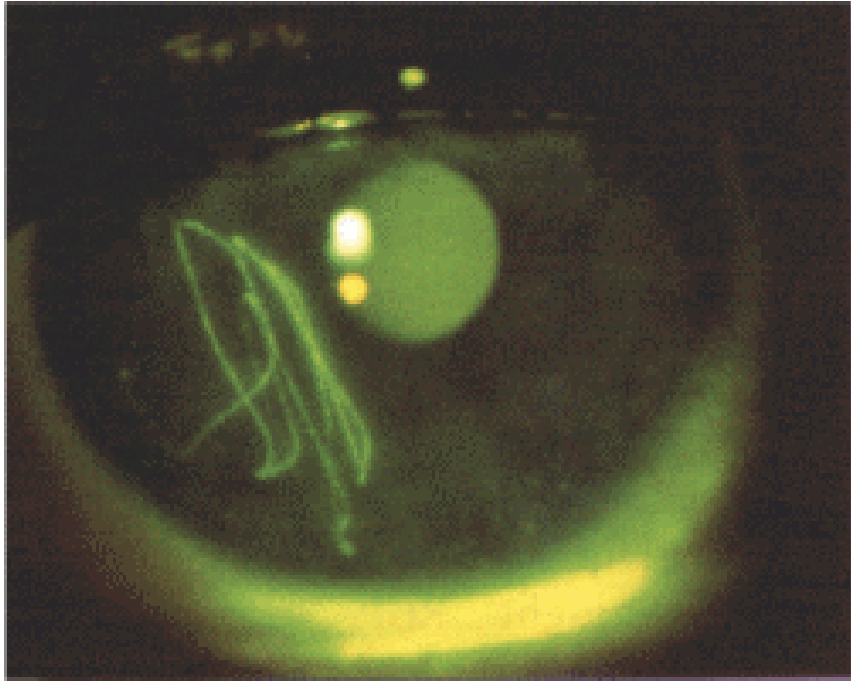
# Eye Orbital Fracture



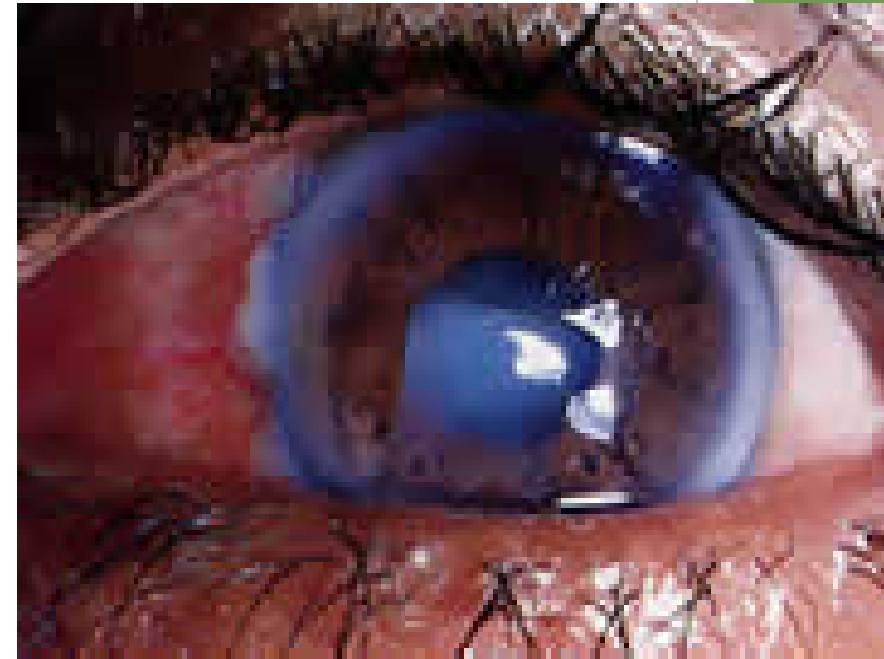
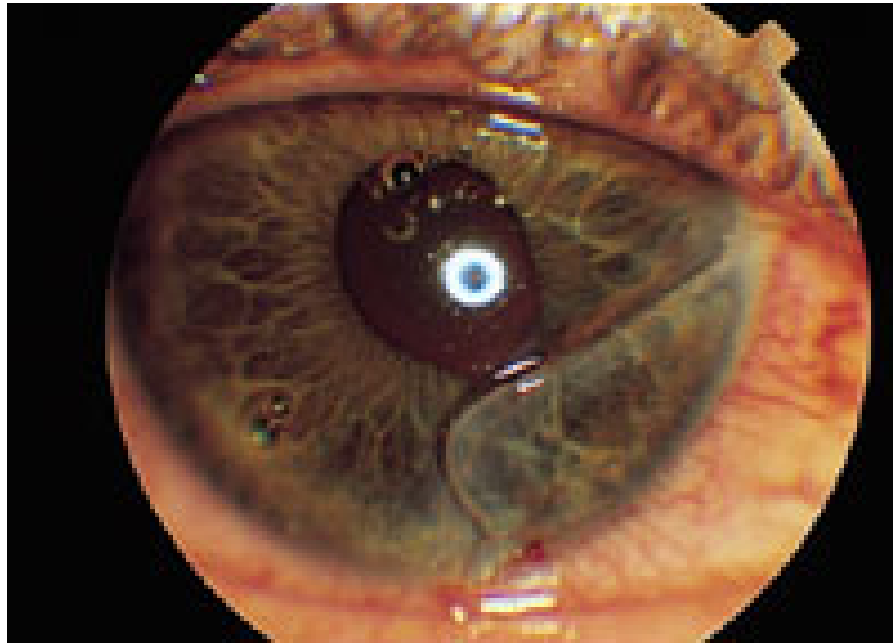
# Eye Ruptured Globe



# Eye Corneal Abrasion



# Eye Corneal Laceration

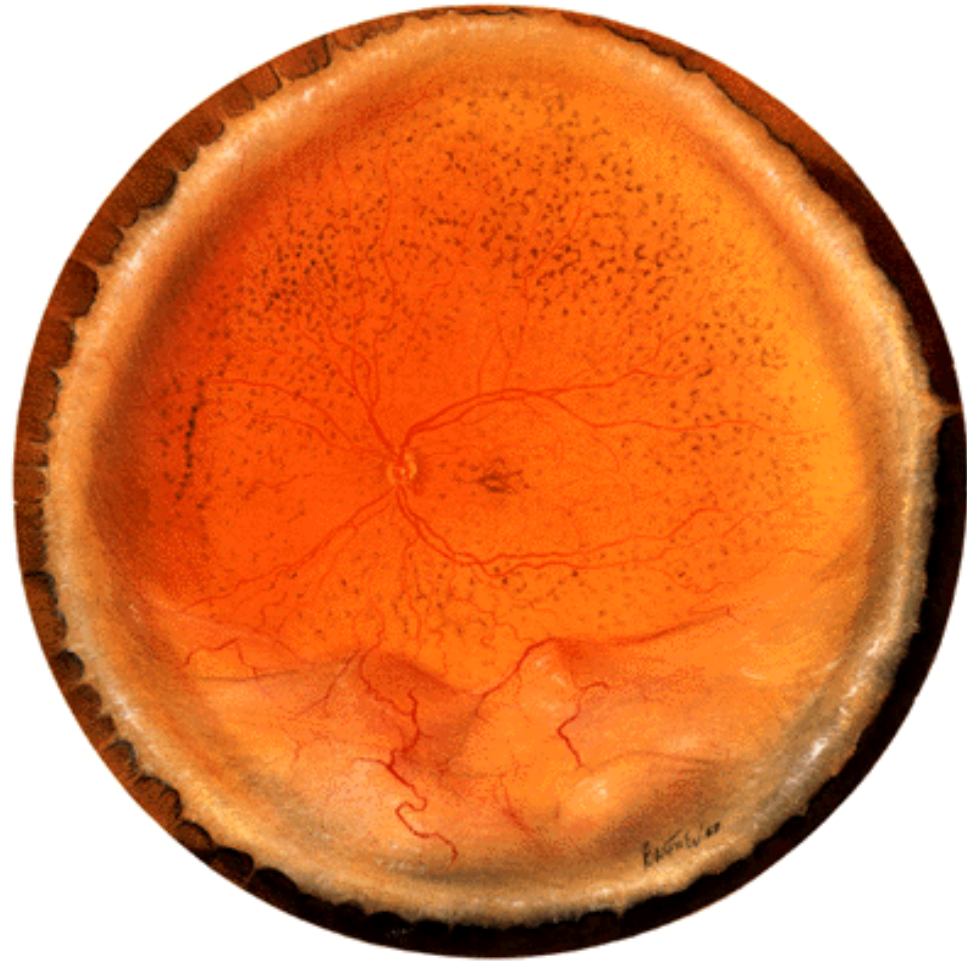




# Eye Iritis



# Eye Detached Retina





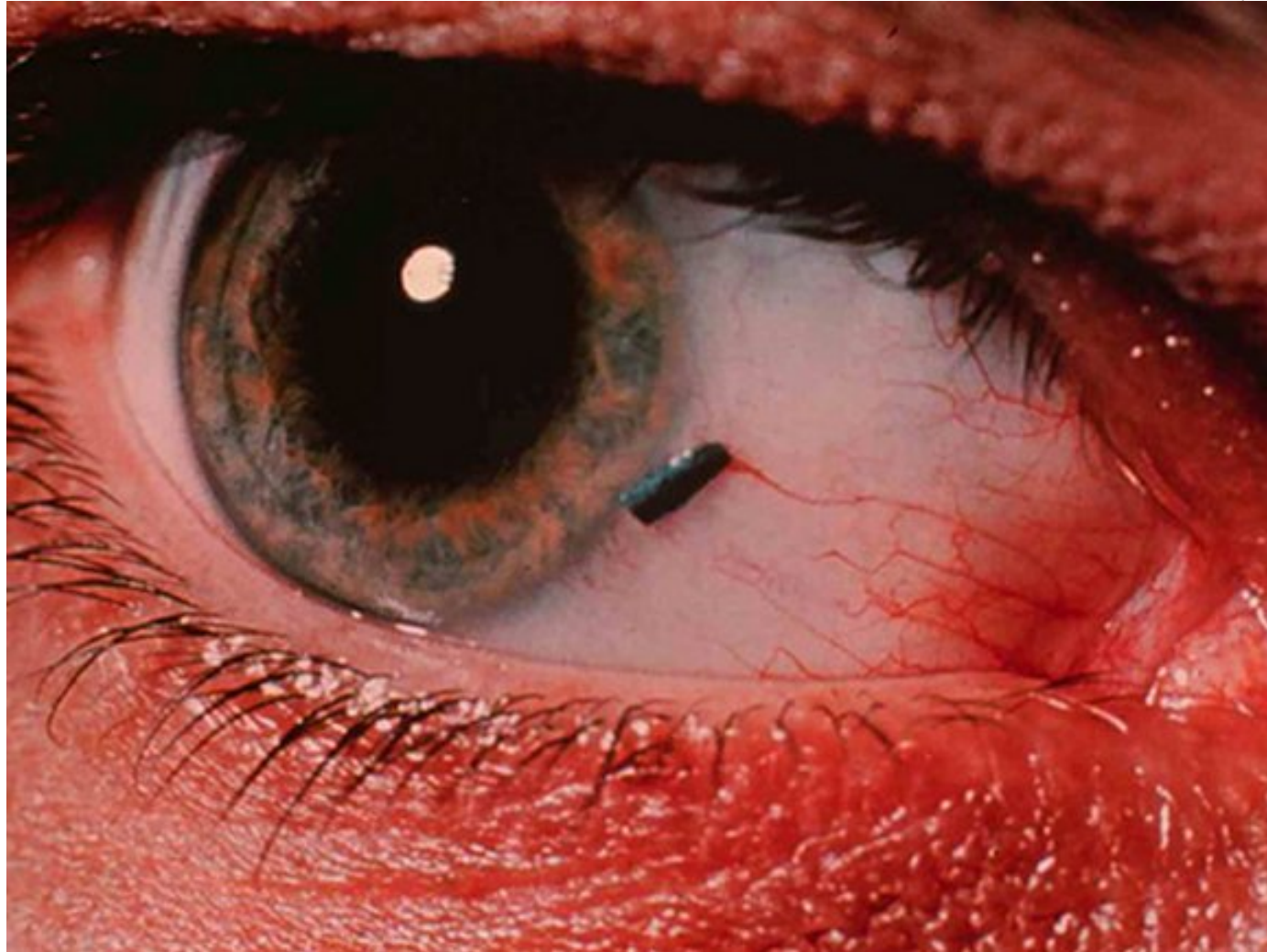
# Eye Conjunctivitis



# Eye Periorbital Lacerations



# Eye Foreign Bodies

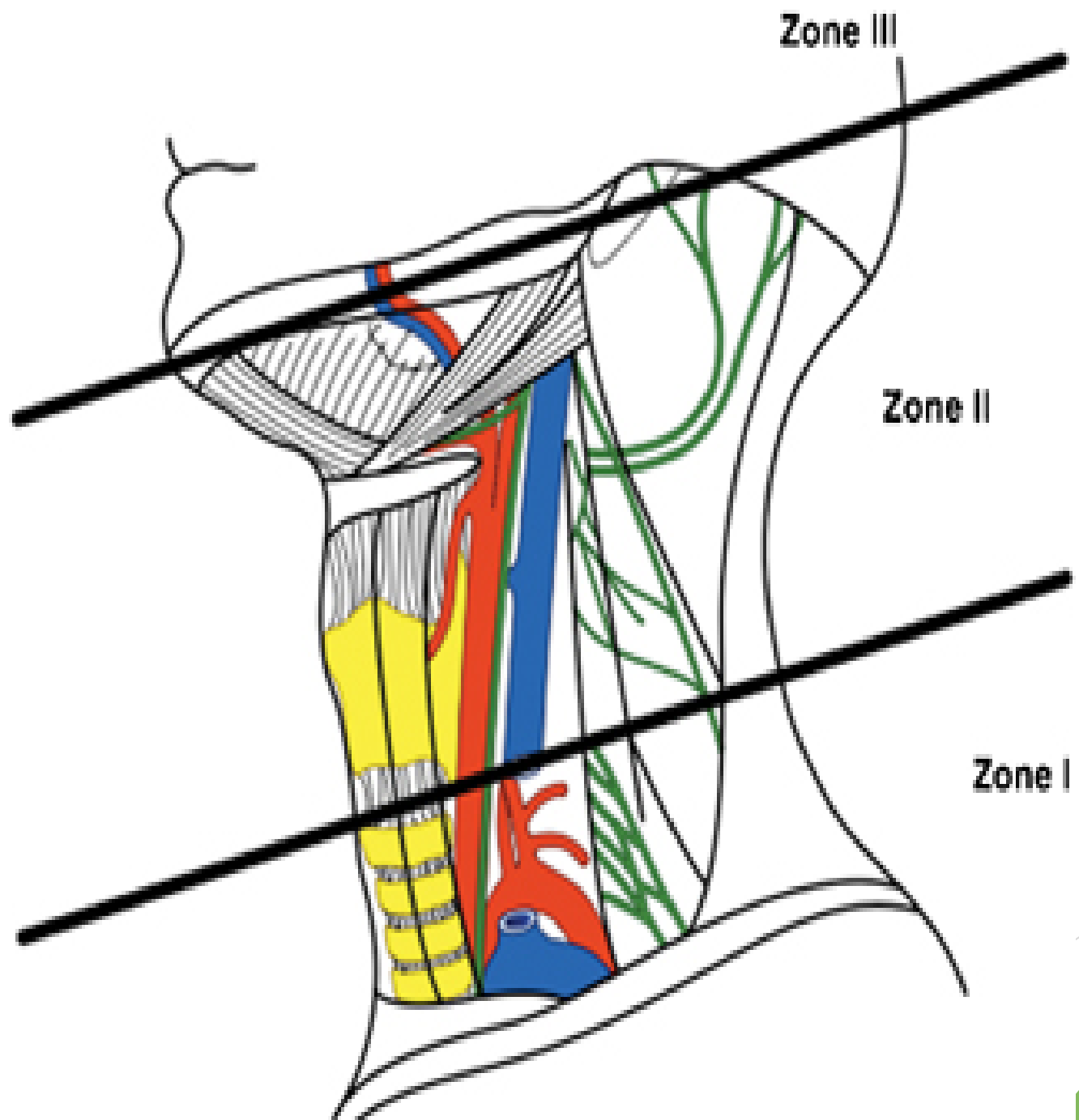


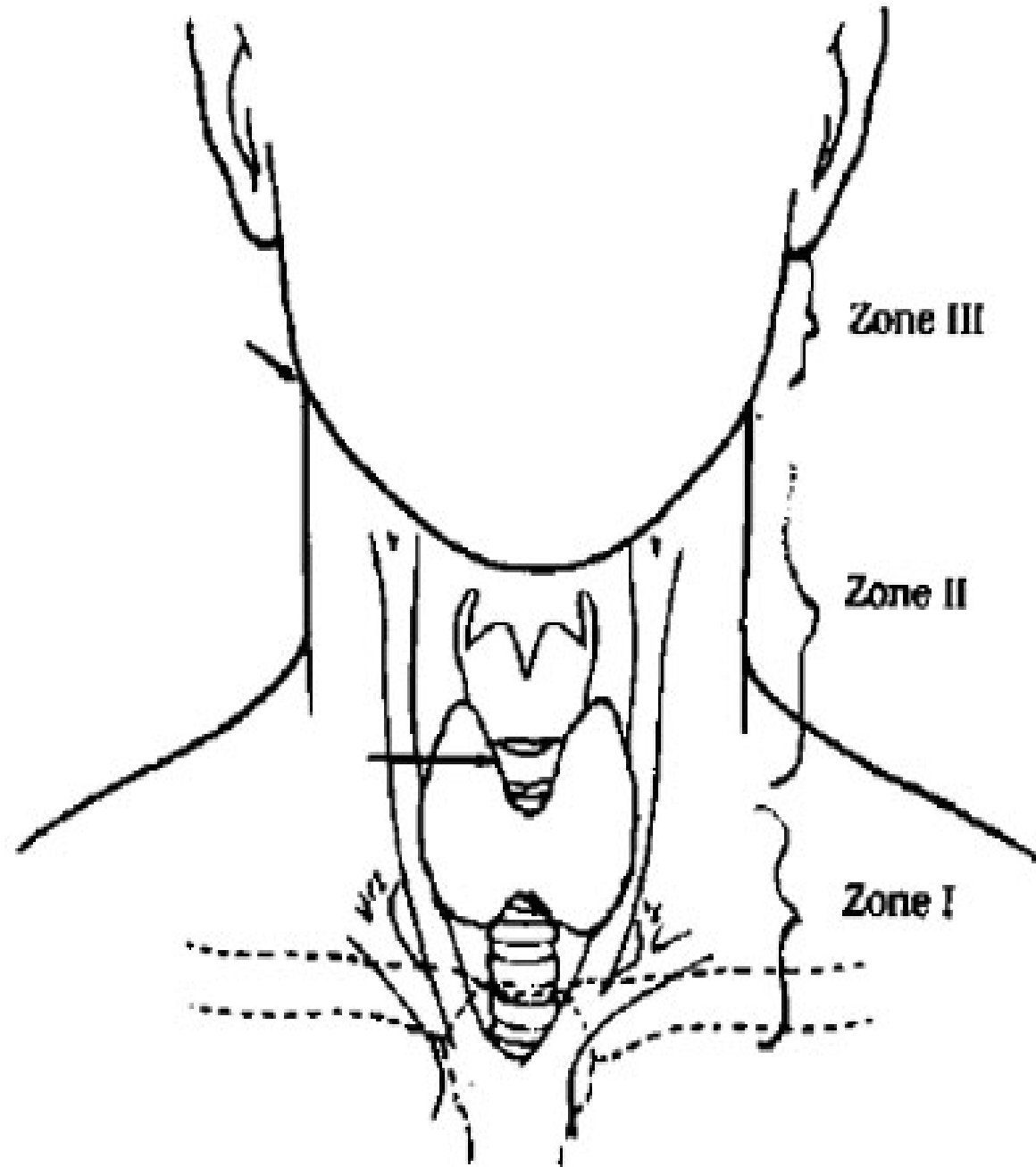


# Neck











▶ **Why is the 'neck' important?**

- ▶ **Cerebral vessels run through,**
- ▶ **Spinal cord runs through,**
- ▶ **Respiratory tract runs through,**
- ▶ **GIT runs through,**

- ▶ **Ad neck being small and exposed right around it is more vulnerable to injury.**
- ▶ **Penetrating type of trauma is more likely to cause severe complications.**

- ▶ **Injuries even mere compression can lead to death**
- ▶ **Specific injuries like different types of neck compressions.**
- ▶ **Possible death from vagal inhibition - without any visible injuries.**

- ▶ Penetrating trauma
  - ▶ Cuts,
  - ▶ Stabs
  - ▶ Penetrating missiles
- ▶ Blunt trauma
- ▶ Compression -Hanging & strangulation.
- ▶ Excessive movement - AP/Transvers.

# Penetrating Trauma

Symptoms of injuries to structures such as the esophagus can be subtle or delayed in presentation

# Penetrating Trauma

- ▶ 5-10% of all traumatic injuries
- ▶ *GSW*
  - ▶ High velocity
  - ▶ Low velocity (50% lower incidence of significant lesions)
- ▶ Stab wounds
- ▶ Miscellaneous (shrapnel, impalement)

# Penetrating Trauma Incidence

<u>Location</u>	<u>Percentage %</u>
▶ Arterial	12.8
▶ Venous	11.3
▶ Tracheolaryngeal	10.1
▶ Pharyngoesophageal	9.6
▶ Spinal cord	3
▶ Neurological, other	3.4
▶ Thoracic duct	0

Total 1275 patients

# Pathophysiology

## Mechanism of injury

1. Gunshots ( more dangerous )
2. Stabbings
3. Miscellaneous<sub>us</sub>

# Organ System Classification

- ▶ Vascular ( most common )
- ▶ Pharyngoesophageal
- ▶ Laryngotracheal
- ▶ Others ( cranial nerve, thoracic duct, brachial plexus, spinal cord....



# Vascular

Three pathophysiologic mechanisms

- ▶ External hemorrhage
- ▶ Extending soft tissue hematoma, distort or obstruct the airway
- ▶ Disruption of cerebral perfusion ( CVA )

# Classification of injuries

- ▶ Laryngotracheal
- ▶ Pharyng-oesophageal
- ▶ Vascular : delayed dissection or thrombosis ( CVA )

# Laryngotracheal

- ▶ Small puncture wound
- ▶ Airflow away from respiratory tree
- ▶ Obstruction of airway

# *Pharyngoesophageal*

- ▶ Rarely causes any immediate consequence
- ▶ Delayed diagnosis can lead to serious soft tissue infection, mediastinitis and sepsis

# Blunt Trauma

- ▶ Rare, compared with penetrating trauma
- ▶ Motor vehicle crash or an assault
- ▶ Off - road vehicles

# Blunt Trauma

- ▶ Vascular injuries are rare but represent one of the most under diagnosed injuries
- ▶ Aerodigestive injuries are rare in comparison to penetrating injuries but can cause acute AW compromise and delayed complications
- ▶ Causes:
  - ▶ Motor vehicle collisions
  - ▶ 'Clothesline' injuries
  - ▶ Assault
  - ▶ Strangulation
  - ▶ Sports injuries

# Neck Compression

- ▶ Near hanging
  - ▶ Complete/judicial
  - ▶ Incomplete
  - ▶ Typical
  - ▶ Atypical
- ▶ Manual Strangulation
- ▶ Ligature Strangulation

## Four recognized mechanisms by which thrombosis can occur

- ▶ A direct blow to the neck
- ▶ A blow to the head that causes hyperextension and rotation of the head and lateral neck flexion resulting in a stretch injury to the vessels
- ▶ Blunt intraoral trauma
- ▶ Basilar skull fracture



Spinal column and spinal cord injuries are more prevalent in blunt trauma

In the neck it is mainly the cuts or penetrating injuries that would cause serious complications.

Aspiration of blood and subsequent choking.

loss of voice

air embolism and even sudden death.

Injuries to oesophagus -

Mediastinitis,

Empyema

Septicaemia.

Oesophageal fistula.

# Chest

- **Blunt force injuries;**
- **Sharp force injuries;**
- **Combination of both;**
- **Missile injuries,**
- **RTA;**
- **Traumatic asphyxia;**

## ➤ Structures/organs involved

- Chest wall,
- Ribs,
- Sternum,
- Heart and pericardium,
- Aorta and branches,
- Diaphragm,
- lungs

# Main Causes of Chest Trauma

- ▶ **Blunt Trauma**- Blunt force to chest.
- ▶ **Penetrating Trauma**- objects or Projectile that enters chest causing small or large hole.
- ▶ **Compression Injury**- Chest is caught between two objects and chest is compressed.

# Common Injuries Develop After Blunt Chest Trauma

- ▶ **Thoracic cage fractures**
- ▶ **Lung contusion and tears**
- ▶ **Myocardium contusion**
- ▶ **Aortic rupture**

# Injuries of chest

- ▶ **Simple/Closed Pneumothorax**
- ▶ **Open Pneumothorax**
- ▶ **Tension Pneumothorax**
- ▶ **Flail Chest**
- ▶ **Cardiac Tamponade**
- ▶ **Traumatic Aortic Rupture**
- ▶ **Traumatic Asphyxia**
- ▶ **Diaphragmatic Rupture**

## **Chest injuries:**

**Injuries caused by various mechanism results in many complications. Some of these are quite common and others rather uncommon.**



## **Require immediate intervention;**

- **Tension pneumothorax,**
- **Open pneumothorax,**
- **Disruption of major airways,**
- **Haemopericardium,**
- **Haemothorax - large**
- **Air embolism**
- **Flail chest.**

## **Injuries with potential for threatening survival**

- **Lung contusions**
- **Lung paranchymal injuries.**
- **Myocardial contution**
- **Aortic rupture.**
- **Oesophageal disruption.**
- **Diaphragmatic rupture.**
- **Rib fractures.**
- **Traumatic asphyxia.**
- **Small pneumo-, haemo- haemopneumo thorax.**

## Long term sequelae

Clotted haemothorax

Empyema

Phrenic nerve palsy

Pericardal complications

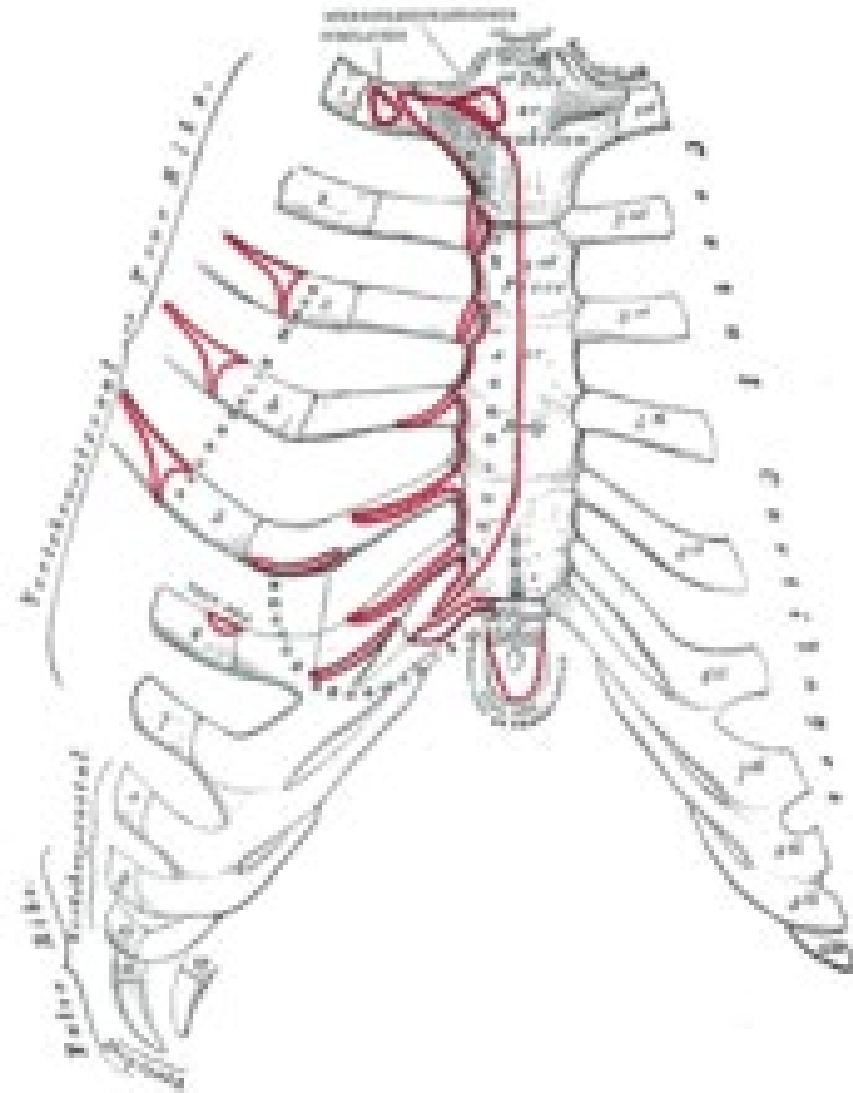
Fistulae

Diaphragmatic hernia

Chylothorax

**Intercostal Muscle Strain.  
Costal cartilage injury**

# Costal cartilage injury



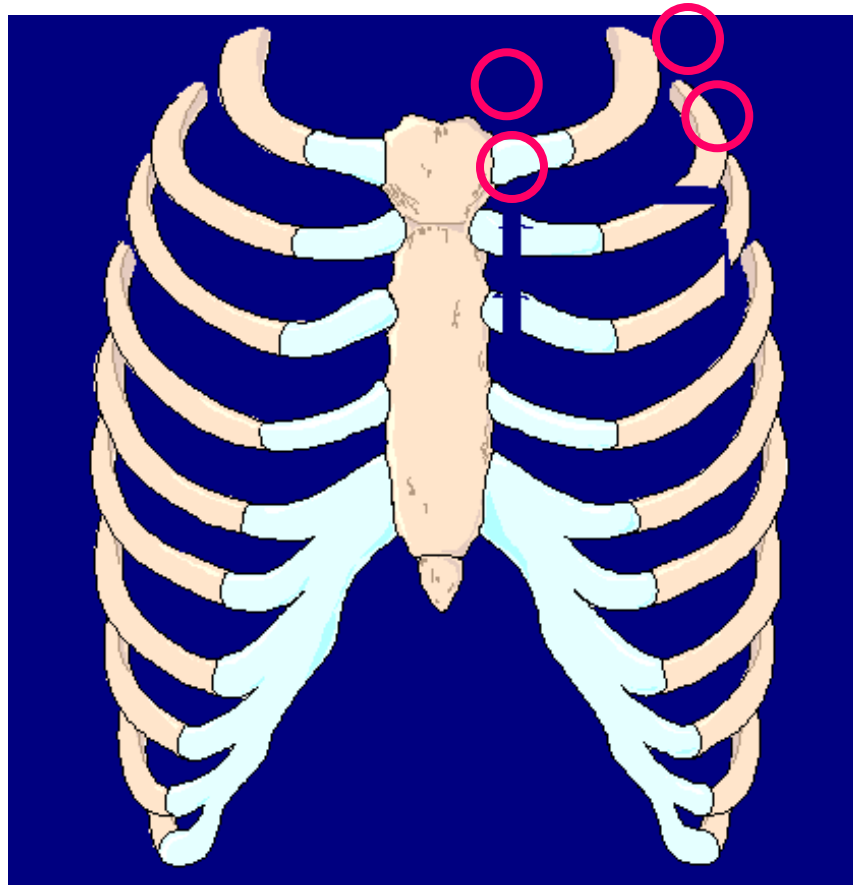
# Rib Fractures

- ▶ **Most common in collision sports**
- ▶ **Ribs 5-9 most commonly fractured**
- ▶ **Possibility of cause damage to or puncturing a lung**
  
- ▶ **Mxn:**
  - ▶ **direct impact**
  - ▶ **compression of rib cage**

# Rib Fractures



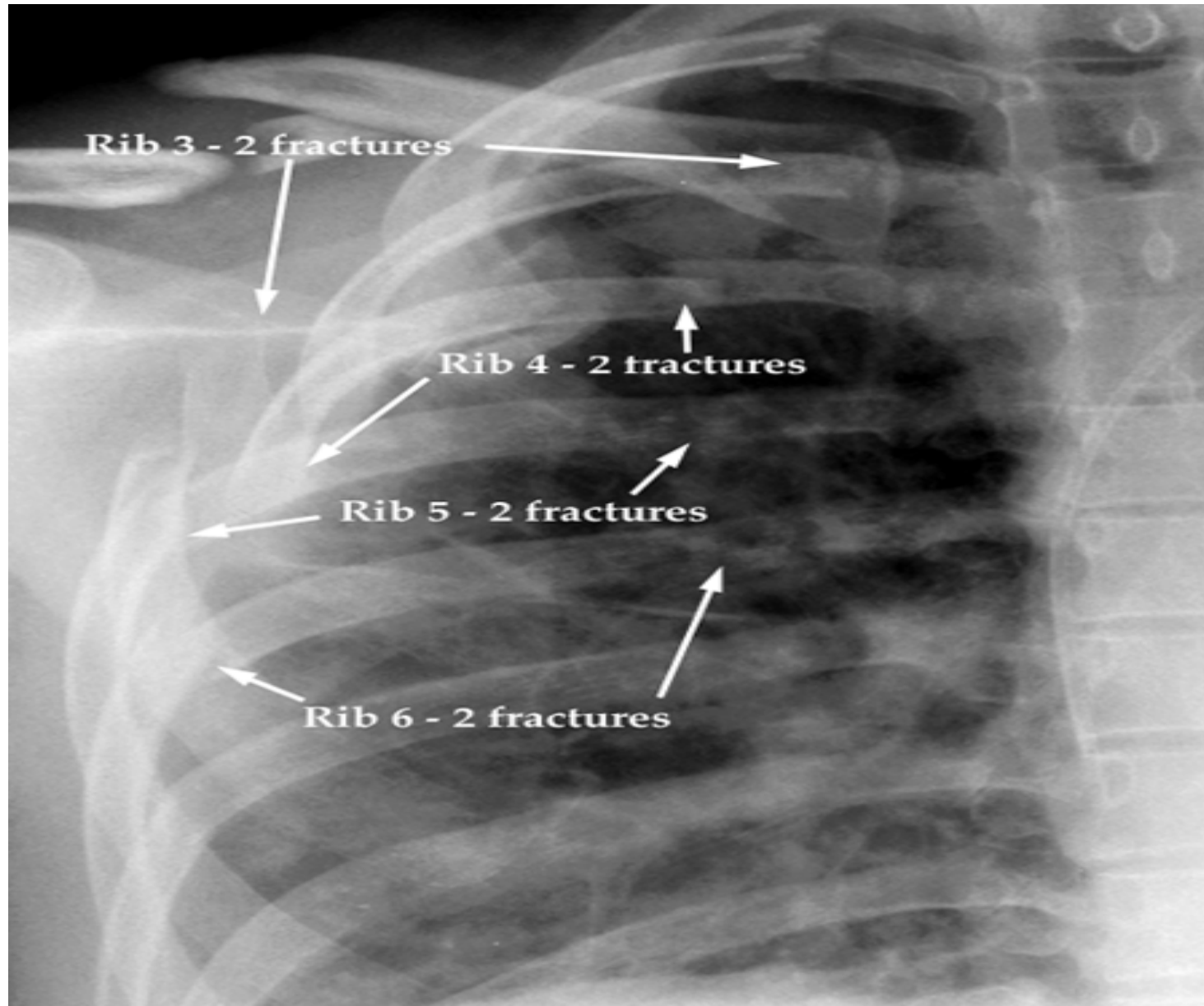
# Flail Chest



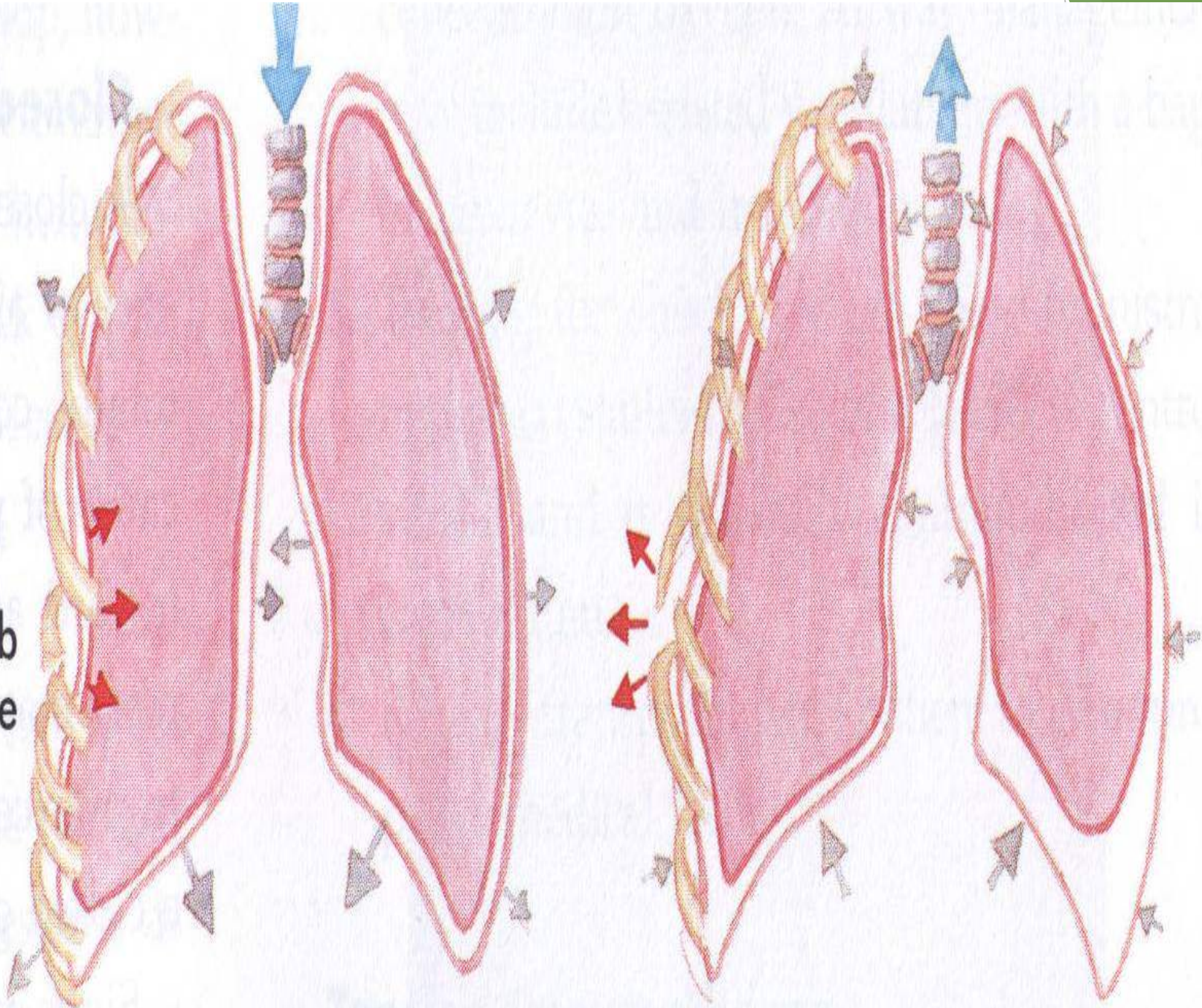
- The breaking of 2 or more ribs in 2 or more places



# Flail Chest



Rib fracture



The background features abstract, overlapping green geometric shapes in various shades, including light lime green, medium green, and dark forest green, creating a dynamic, layered effect. The shapes are primarily located on the left and right sides of the frame, leaving a large white central area for the text.

# **Flail Chest is a True Emergency**



# Troublesome Injuries

## ▶ Sternal fracture

- More serious injuries may accompany
- If suspected, a lateral CxR may be diagnostic
- Operative reduction is usually unnecessary
- Hospitalization is not mandatory if the ECG is normal and the patient's vital sign is stable

# Troublesome Injuries

- ▶ **Blunt Cardiac Trauma - spectrum**
  - **Asymptomatic myocardial contusion**
  - **Symptomatic myocardial contusion**
  - **Free wall or septal wall rupture**
  - **Valvular tears**
  - **Coronary artery thrombosis**

# Troublesome Injuries

## Blunt Cardiac Trauma – risk factors

- Chest impact > 15 mph
- Marked precordial tenderness, ecchymosis or contusion
- PH of cardiac disease
- Fractured sternum
- Thoracic spine or ribs fractures
- Hemodynamic instability, or multiple injuries
- Age > 50

# Troublesome Injuries

- ▶ **Blunt Cardiac Trauma - assessment**
  - **Most are asymptomatic; severe cases die before arrival**
  - **Common manifestation : arrhythmia, hemo-dynamic instability**
  - **Evaluation : CxR, ECG, cardiac enzymes, echo-cardiogram,**

# Lung Injuries

- ▶ Injuries to lungs are rare but can be life threatening
- ▶ Pneumothorax
- ▶ Tension Pneumothorax
- ▶ Hemothorax
- ▶ Traumatic asphyxia

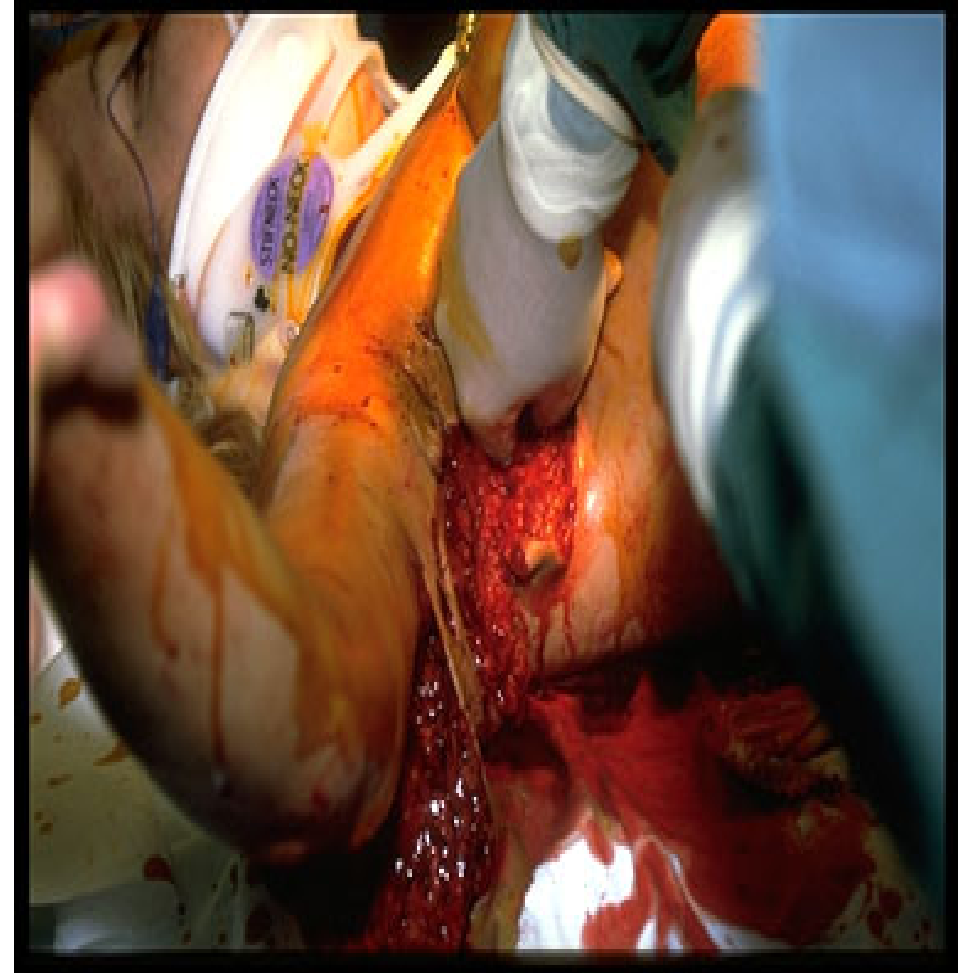


# Pneumothorax

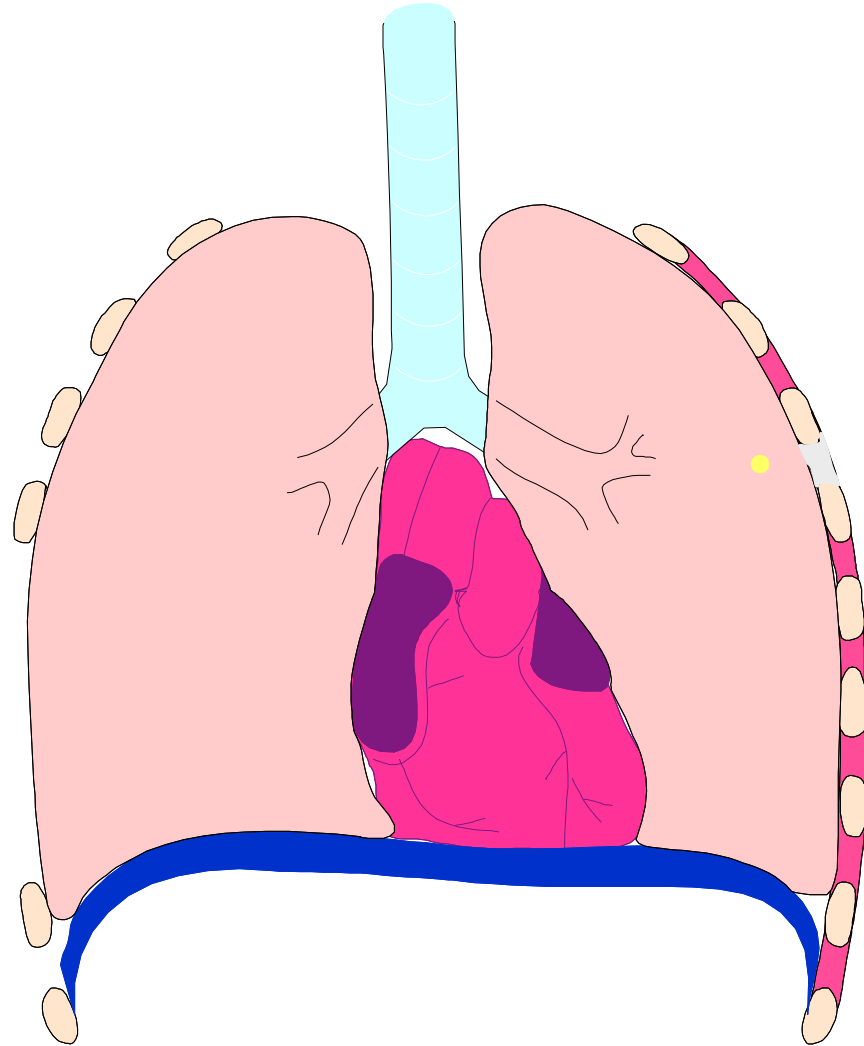
- ▶ **Condition in which pleural cavity surround lung becomes filled w/ air that has entered through an opening in the chest**
- ▶ **As pleural cavity fills with air, lung on that side collapses**

# Open Pneumothorax

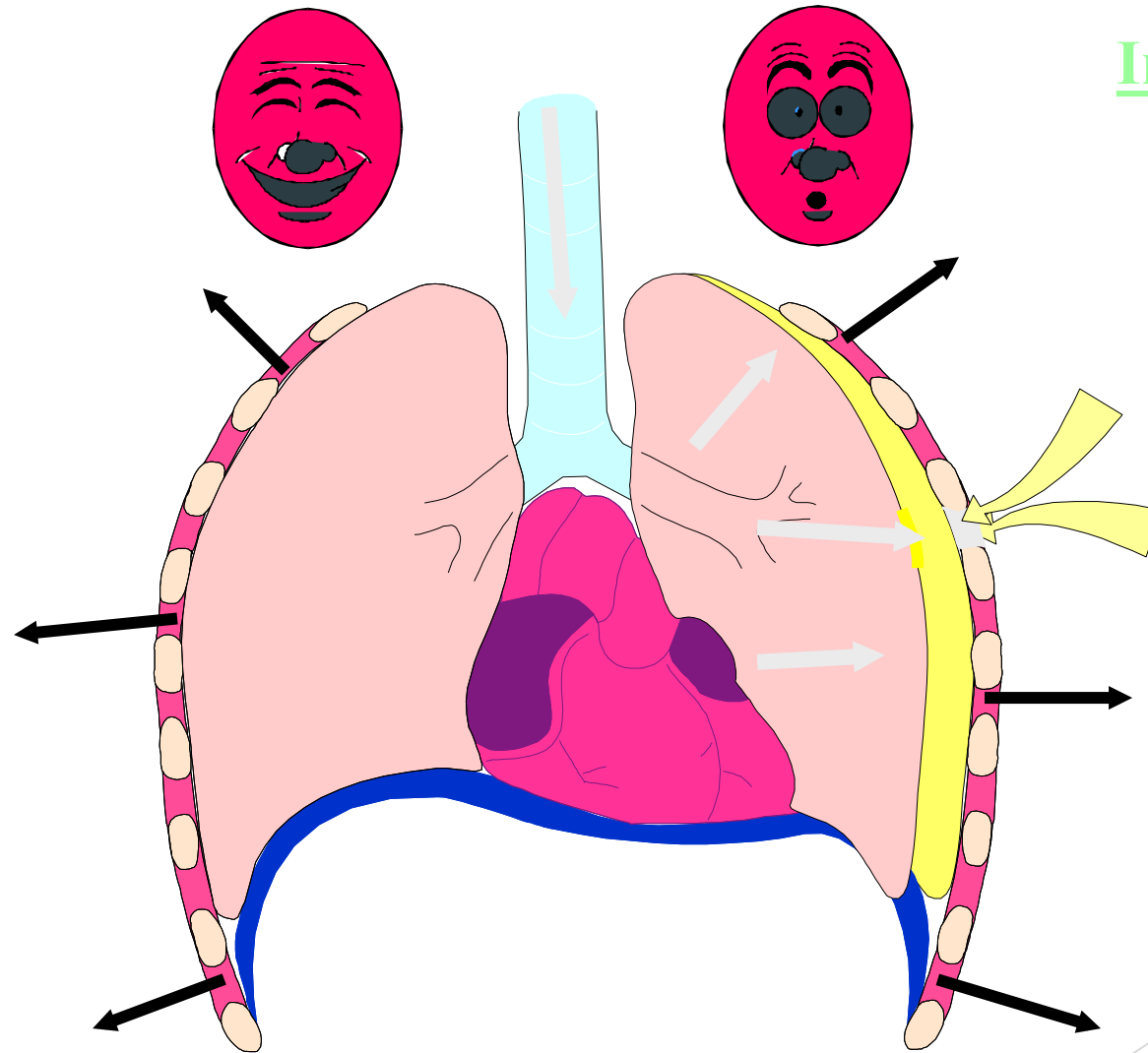
- ▶ Opening in chest cavity that allows air to enter pleural cavity
- ▶ Causes the lung to collapse due to increased pressure in pleural cavity
- ▶ Can be life threatening and can deteriorate rapidly



# Open Pneumothorax



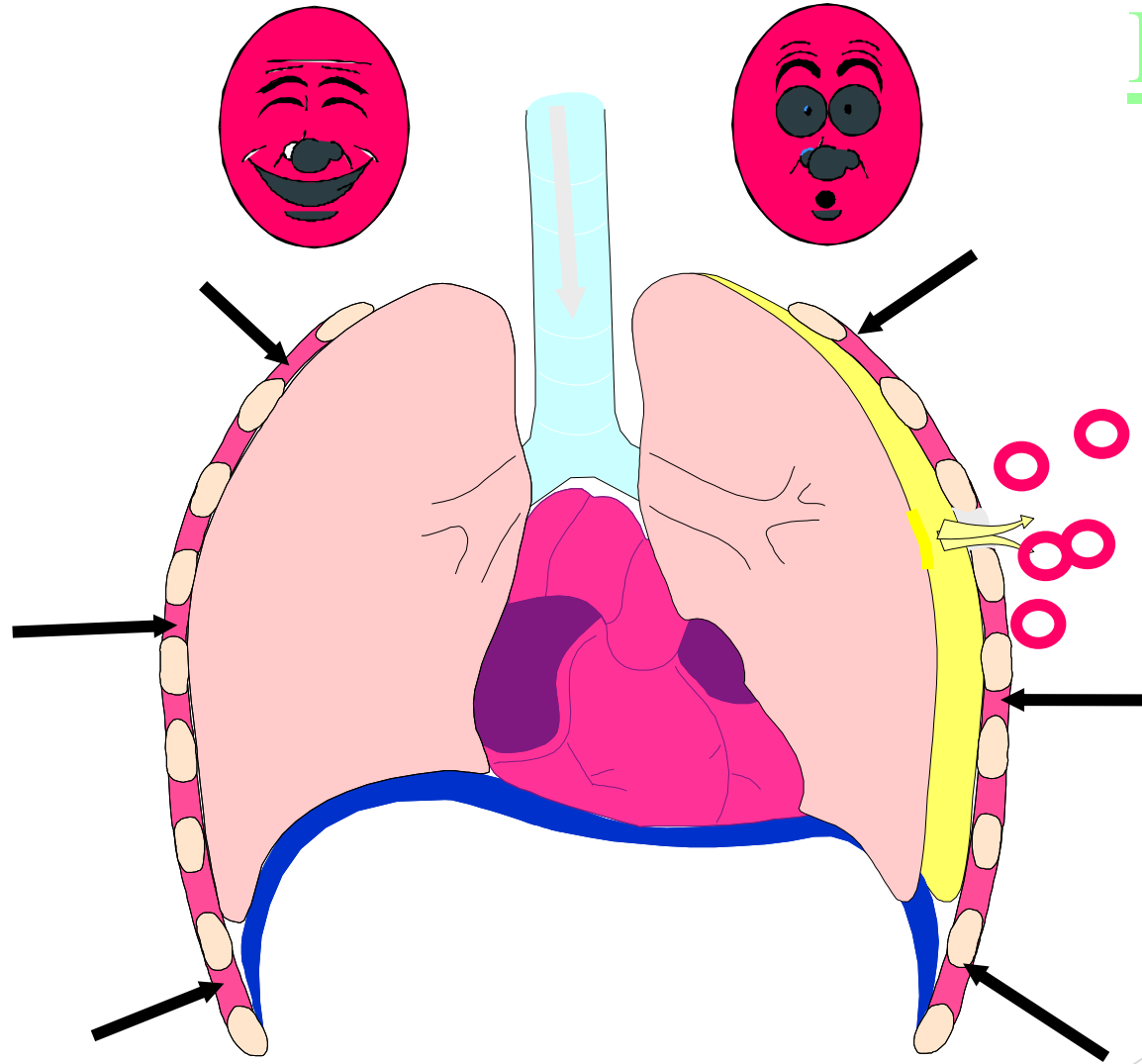
# Open Pneumothorax



Inhale

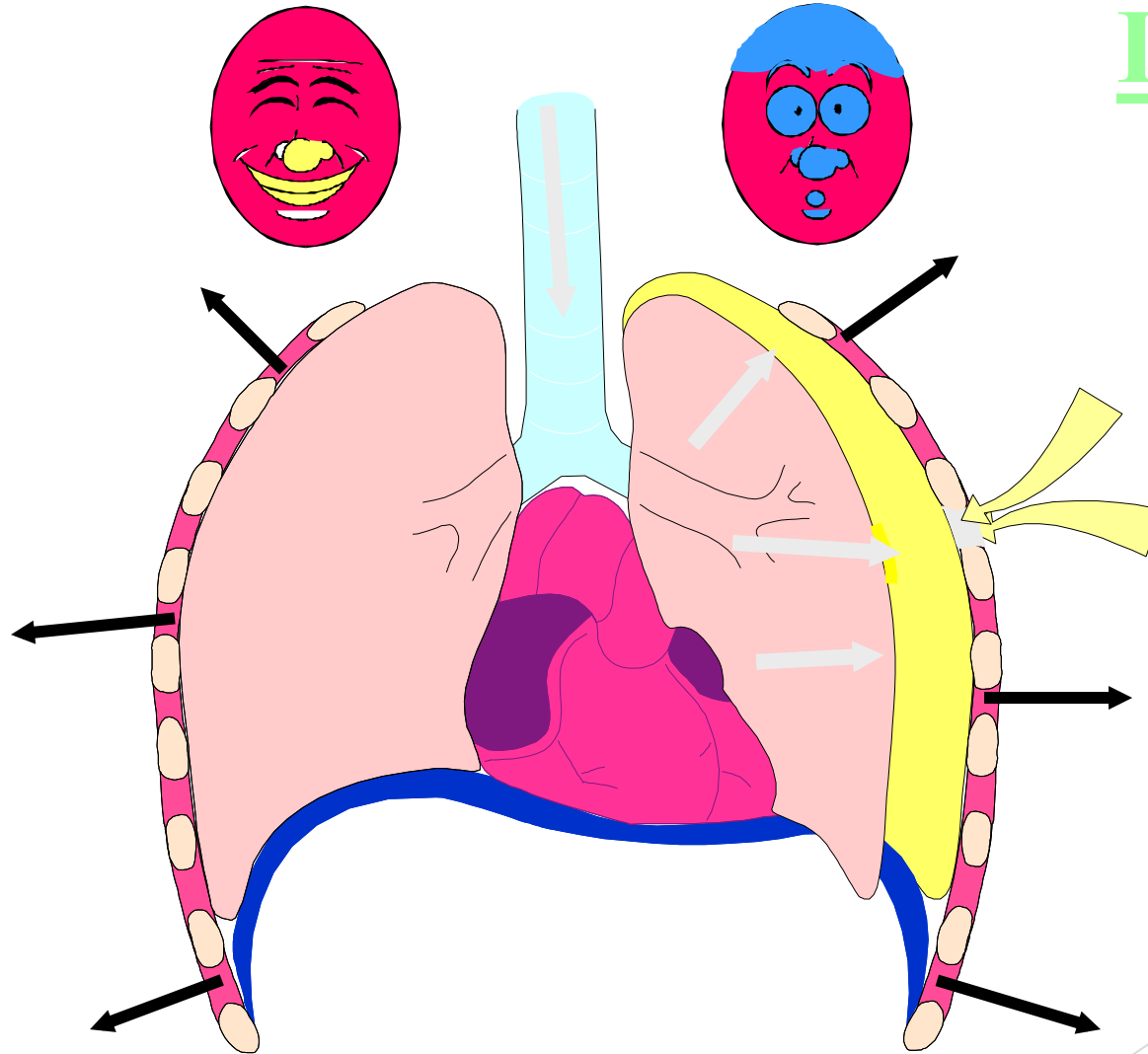
# Open Pneumothorax

Exhale



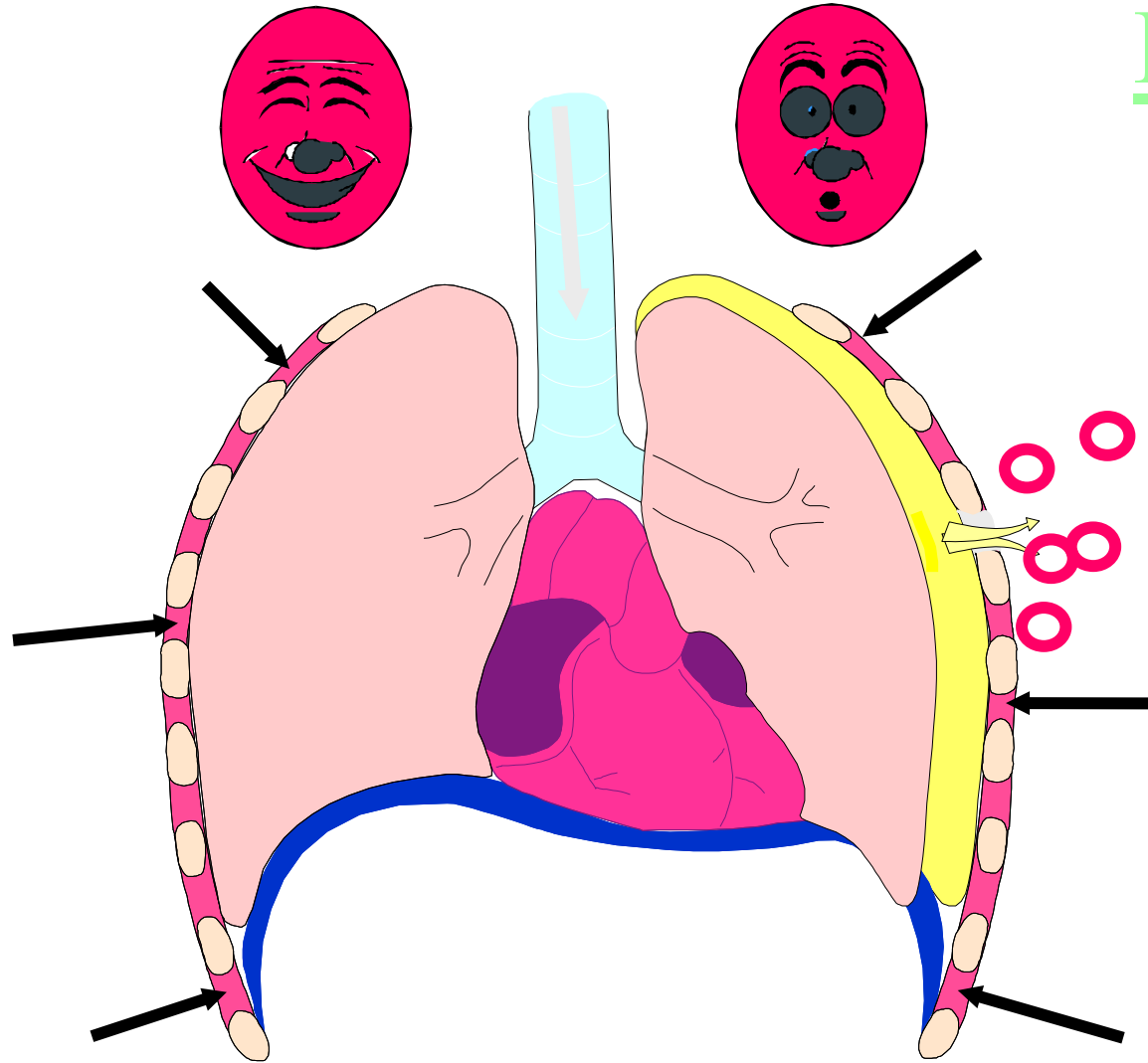
# Open Pneumothorax

Inhale



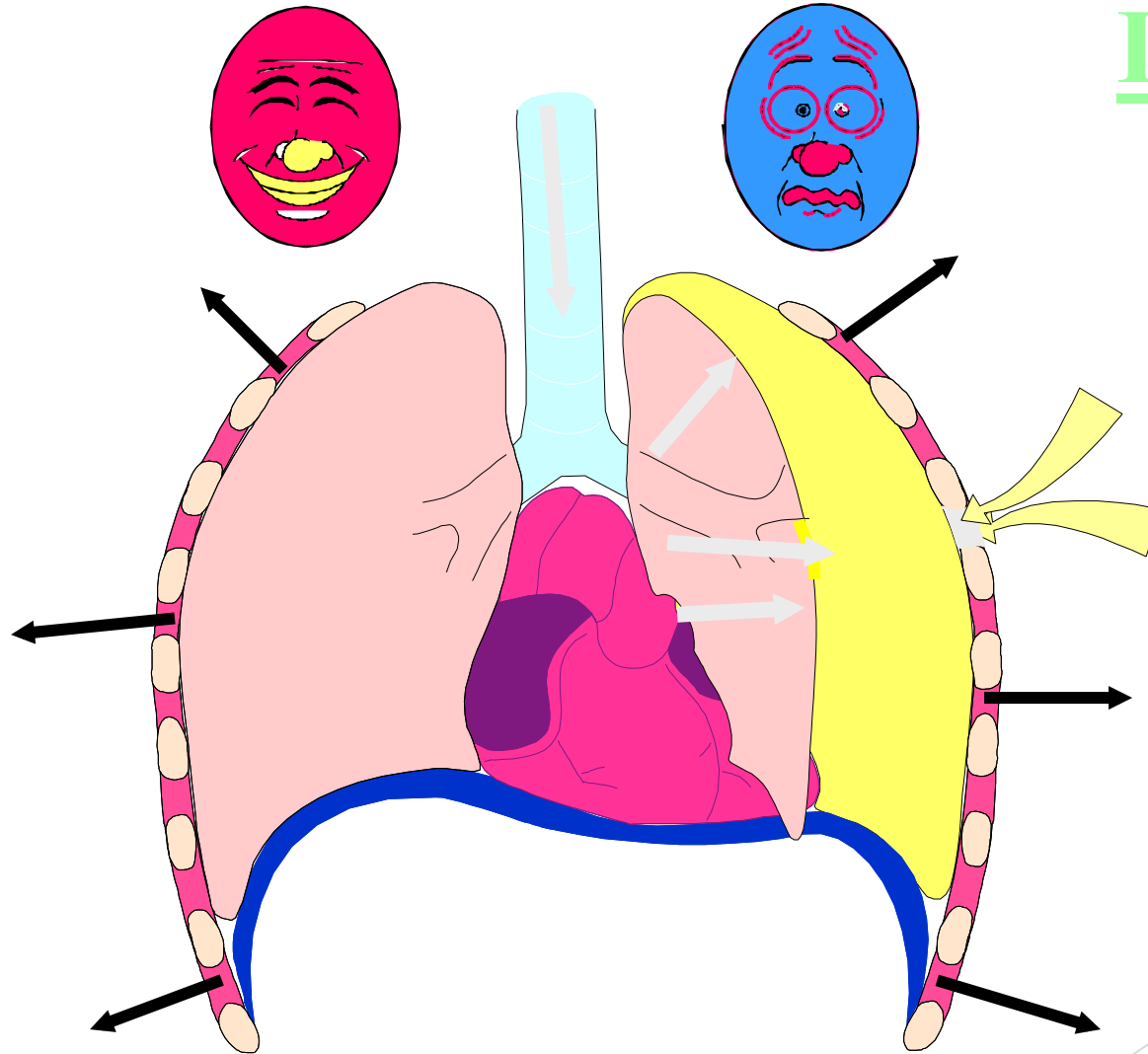
# Open Pneumothorax

Exhale



# Open Pneumothorax

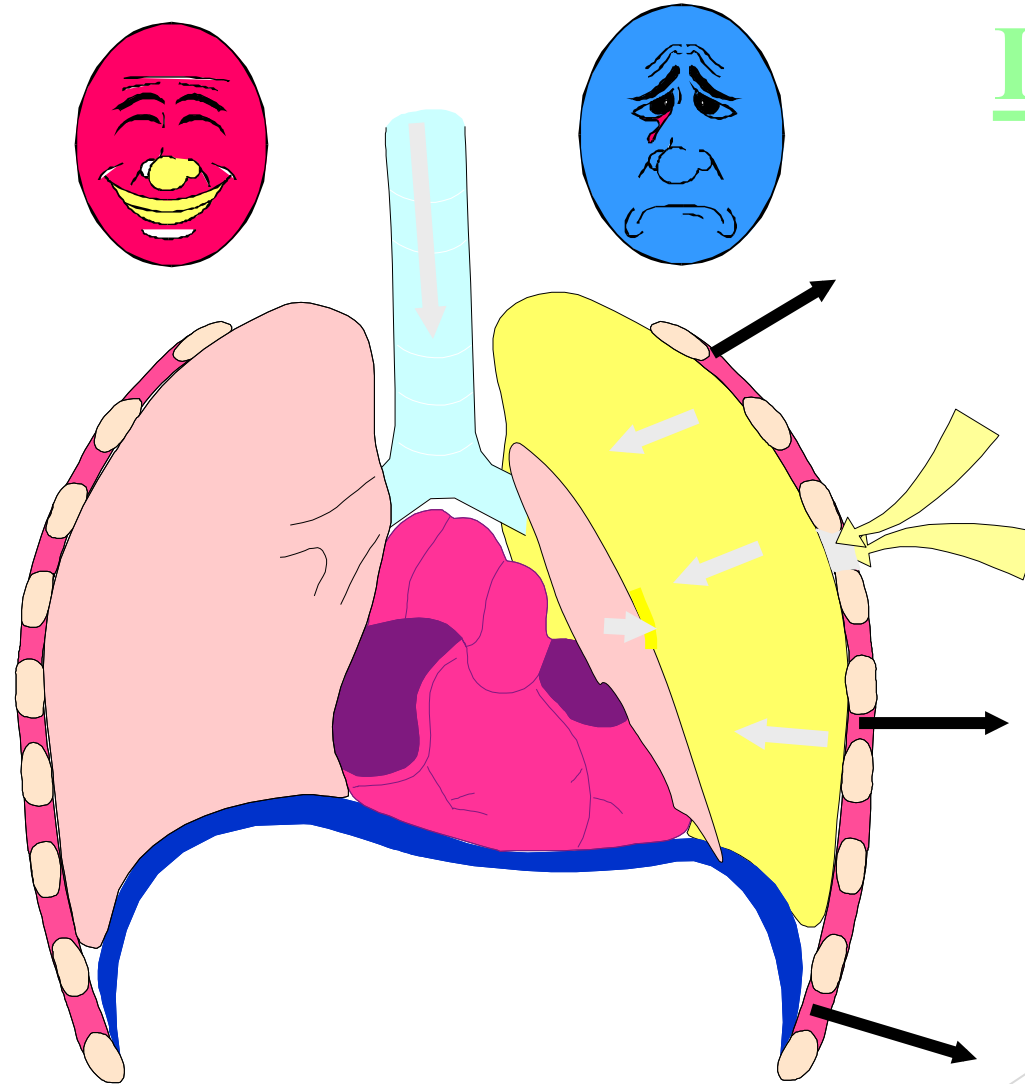
Inhale





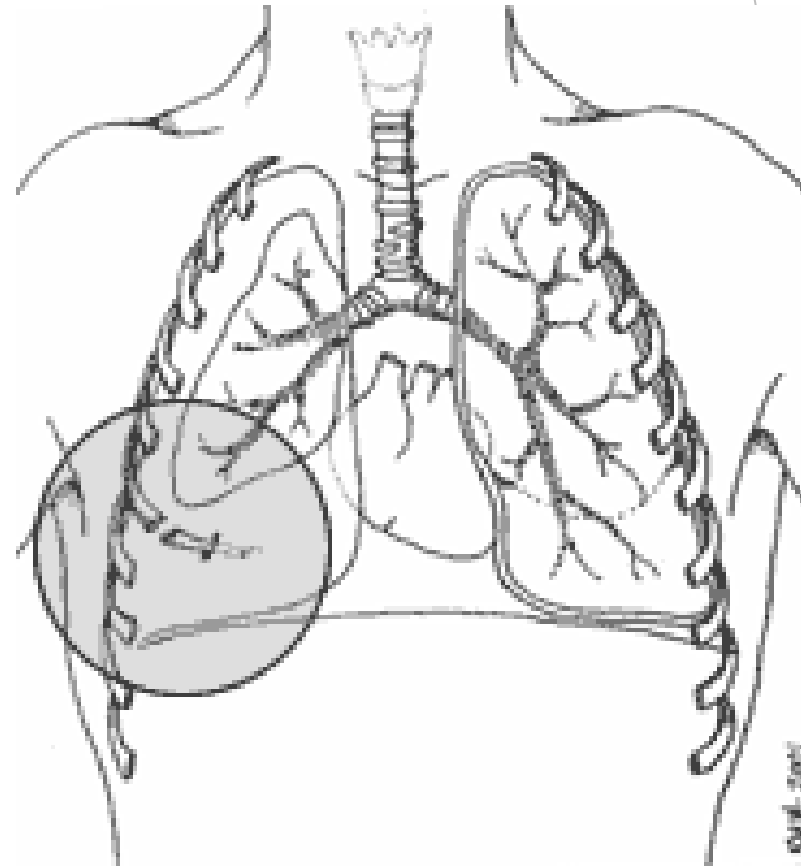
# Open Pneumothorax

Inhale



# Simple/Closed Pneumothorax

- ▶ Opening in lung tissue that leaks air into chest cavity
- ▶ Blunt trauma is main cause
- ▶ May be spontaneous
- ▶ Usually self correcting



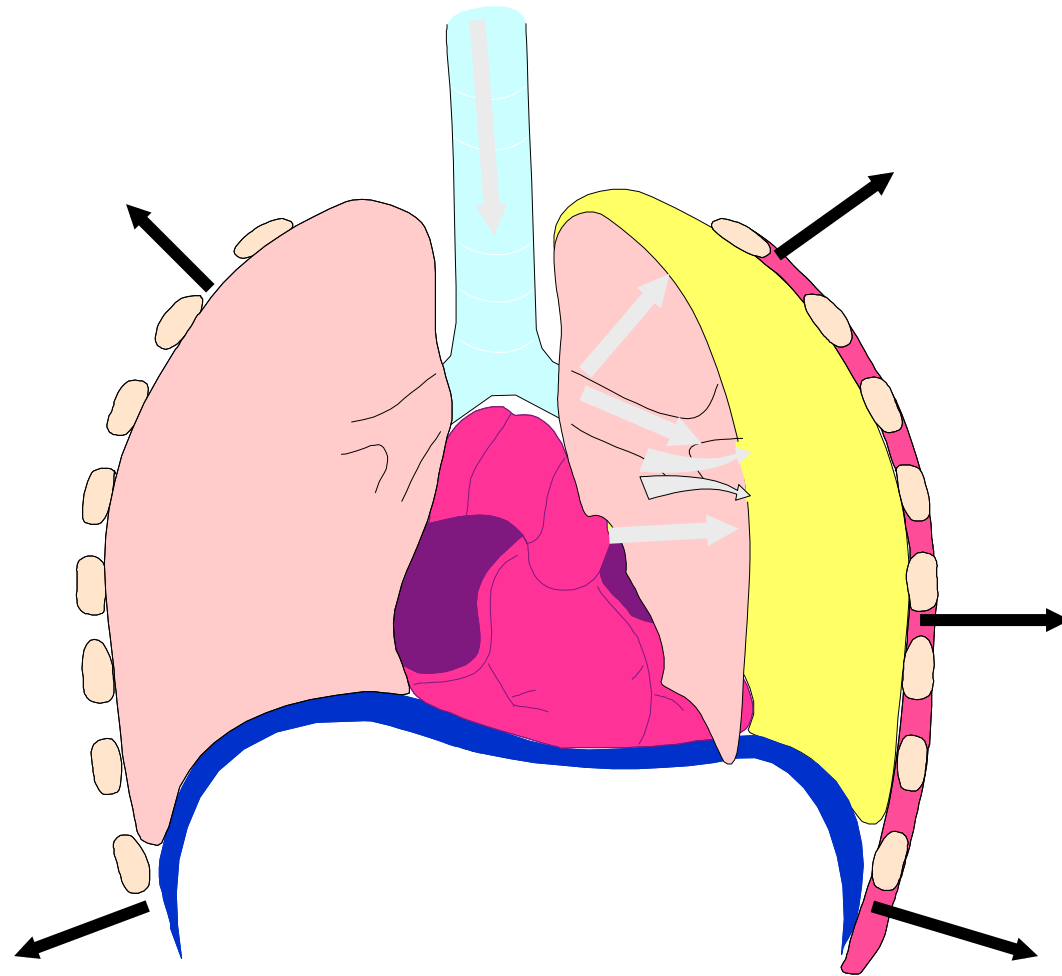
# Subcutaneous Emphysema

- ▶ Air collects in subcutaneous fat from pressure of air in pleural cavity
- ▶ Feels like rice crispies or bubble wrap
- ▶ Can be seen from neck to groin area

# Tension Pneumothorax

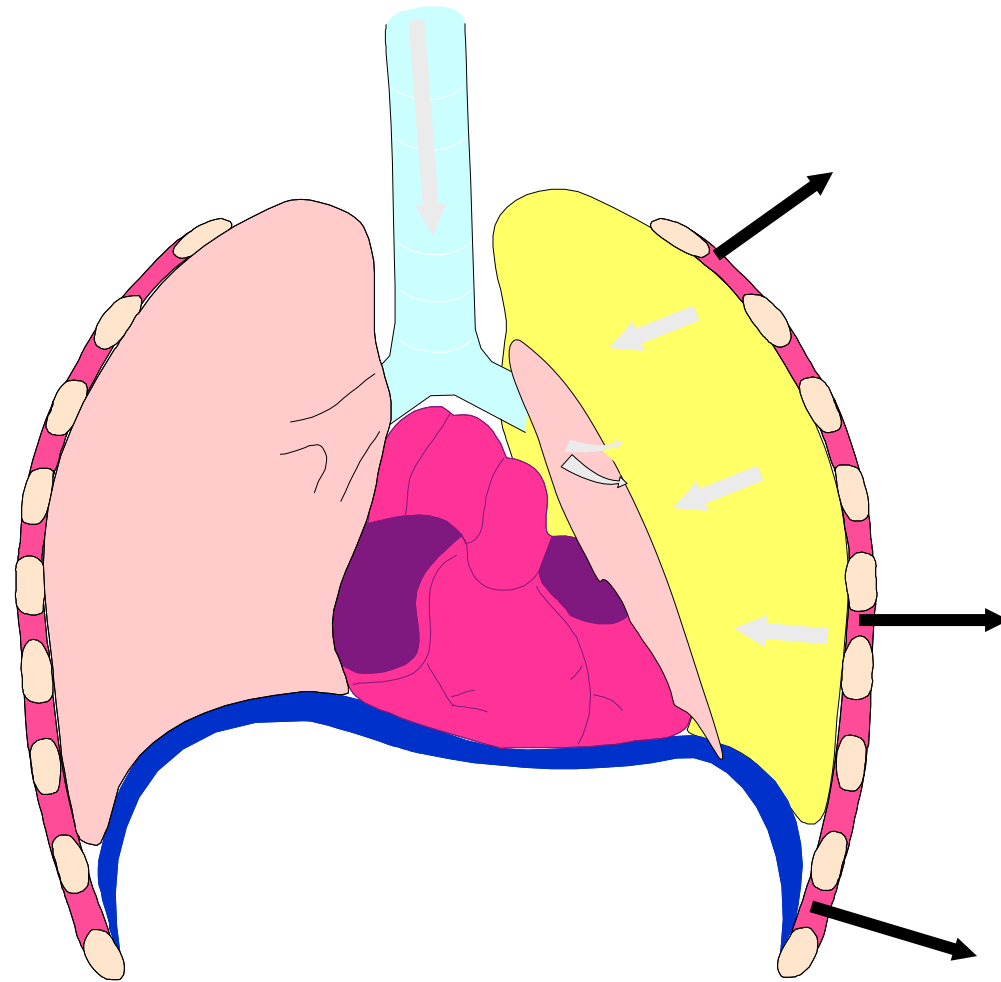
- ▶ Air builds in pleural space with no where for the air to escape
- ▶ Results in collapse of lung on affected side that results in pressure on mediastinum, the other lung, and great vessels

# Tension Pneumothorax



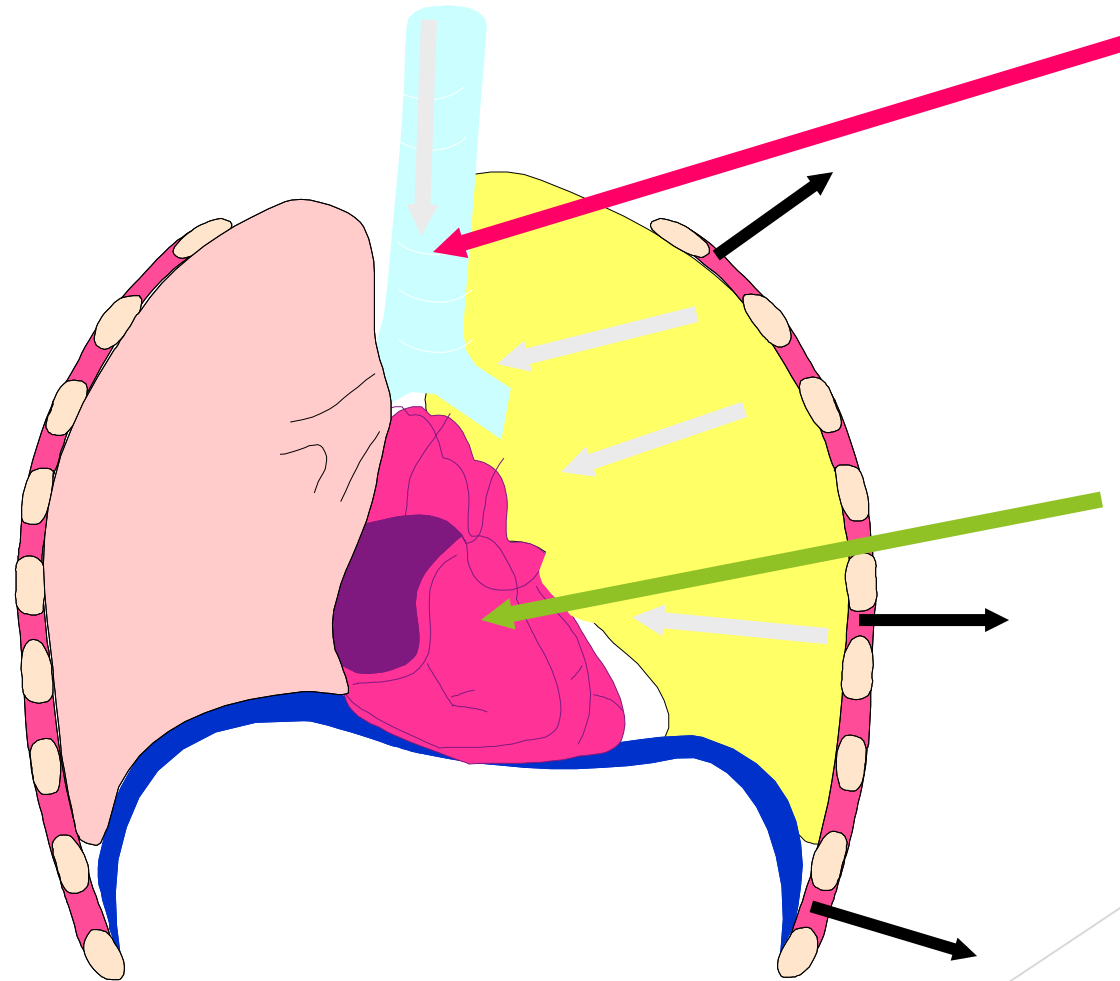
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# Tension Pneumothorax



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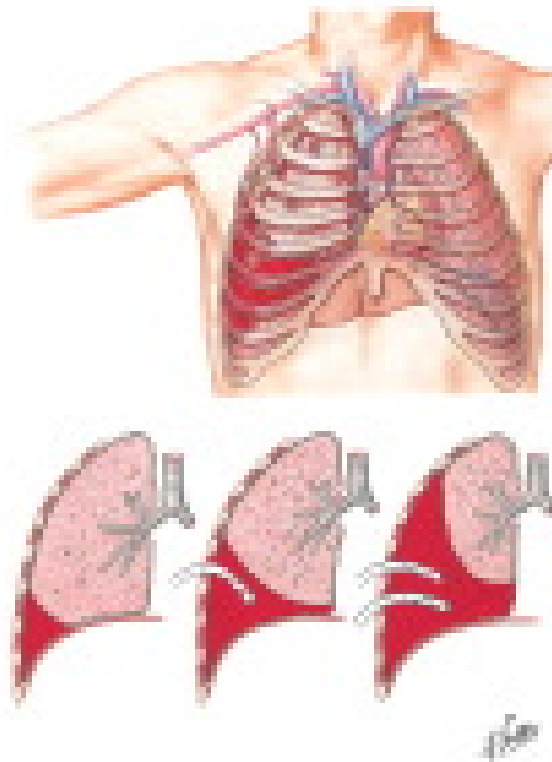
# Tension Pneumothorax



Air is trapped in the pleural space

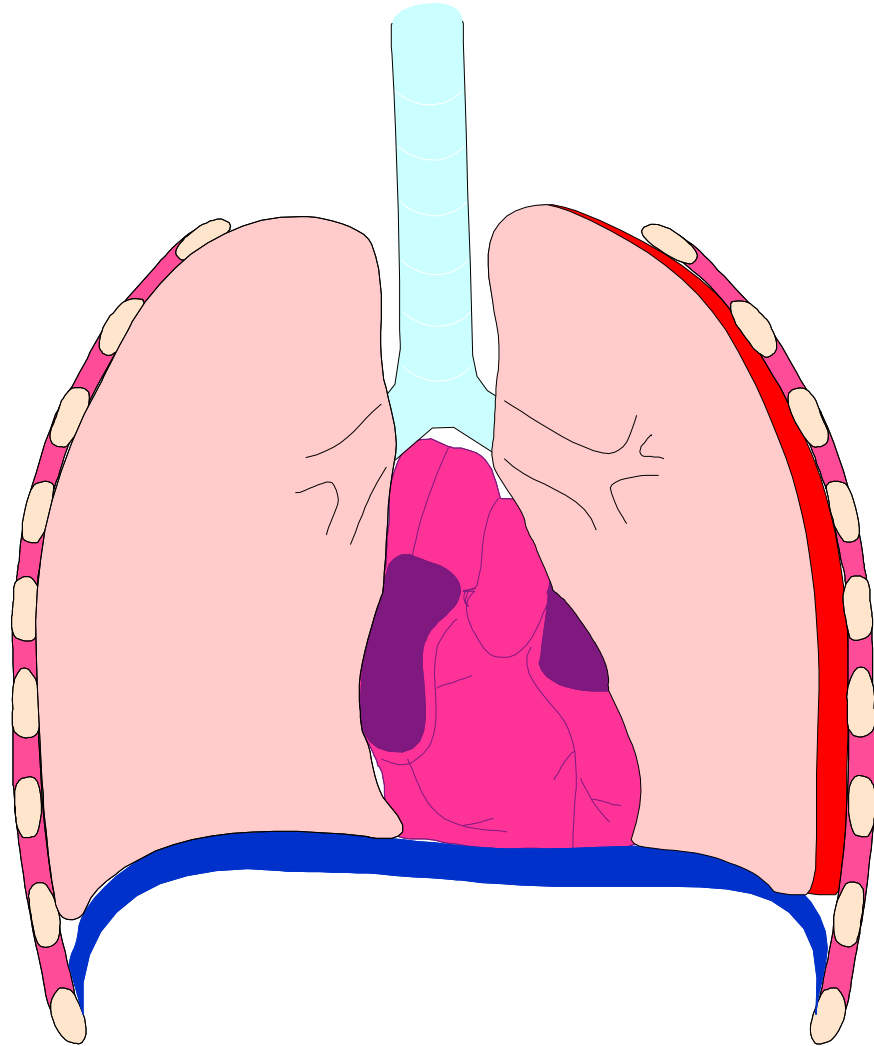
The trapped air is under increasing pressure

# Hemothorax

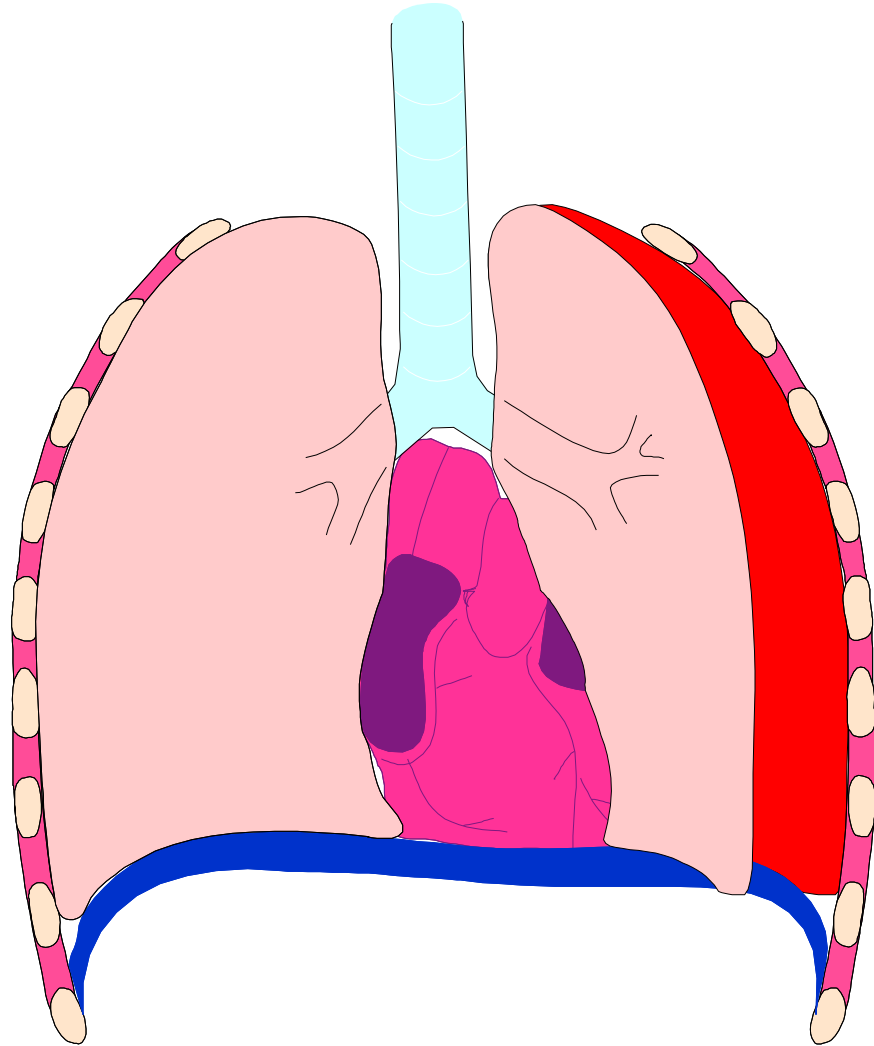




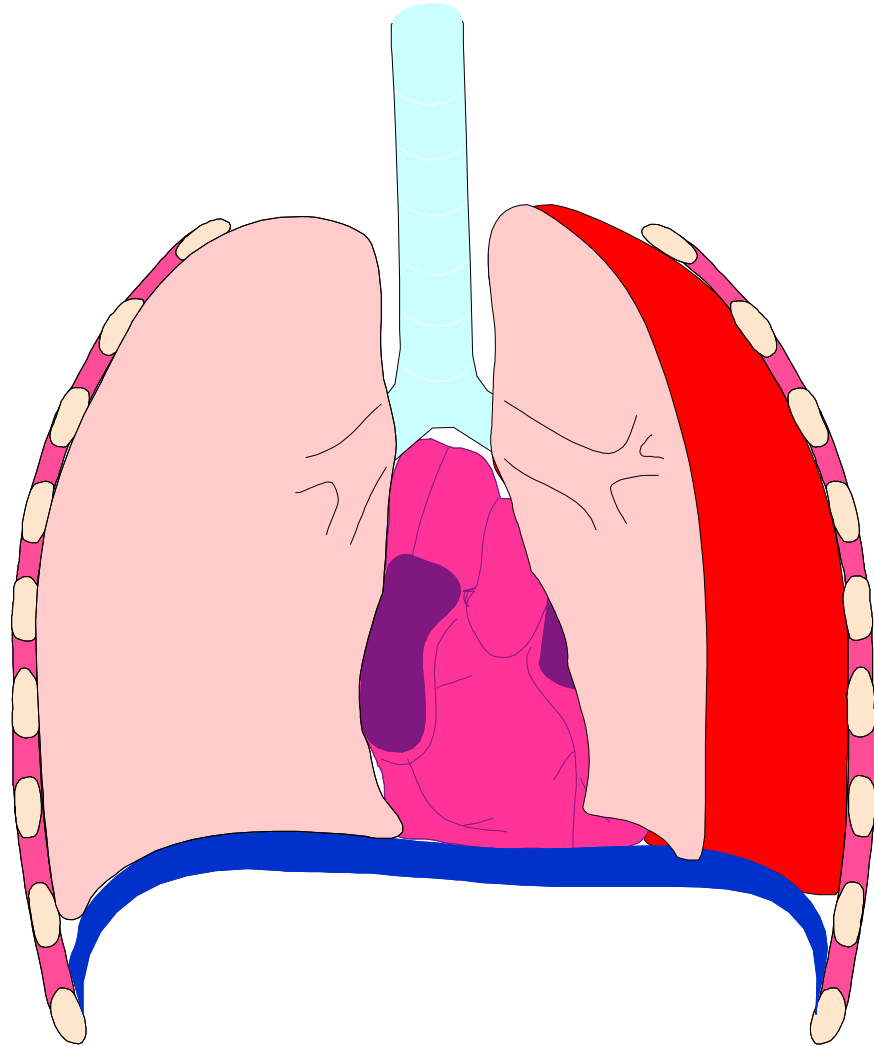
# Hemothorax



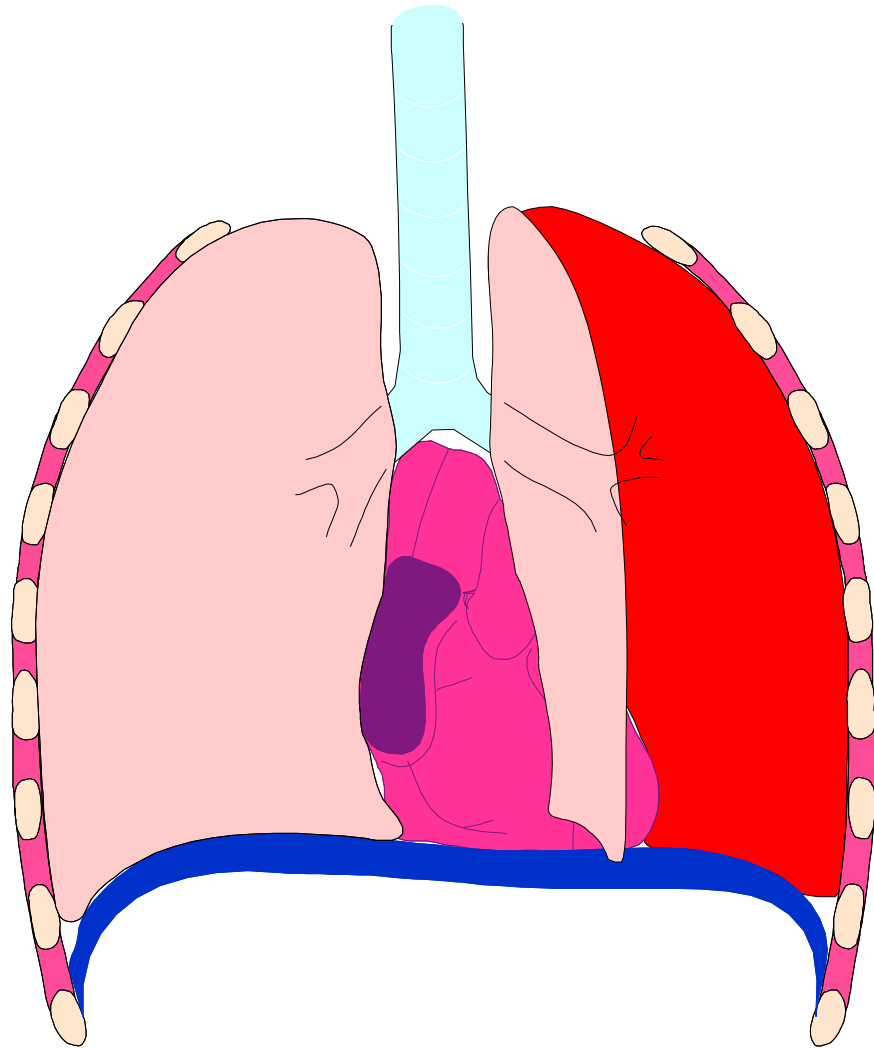
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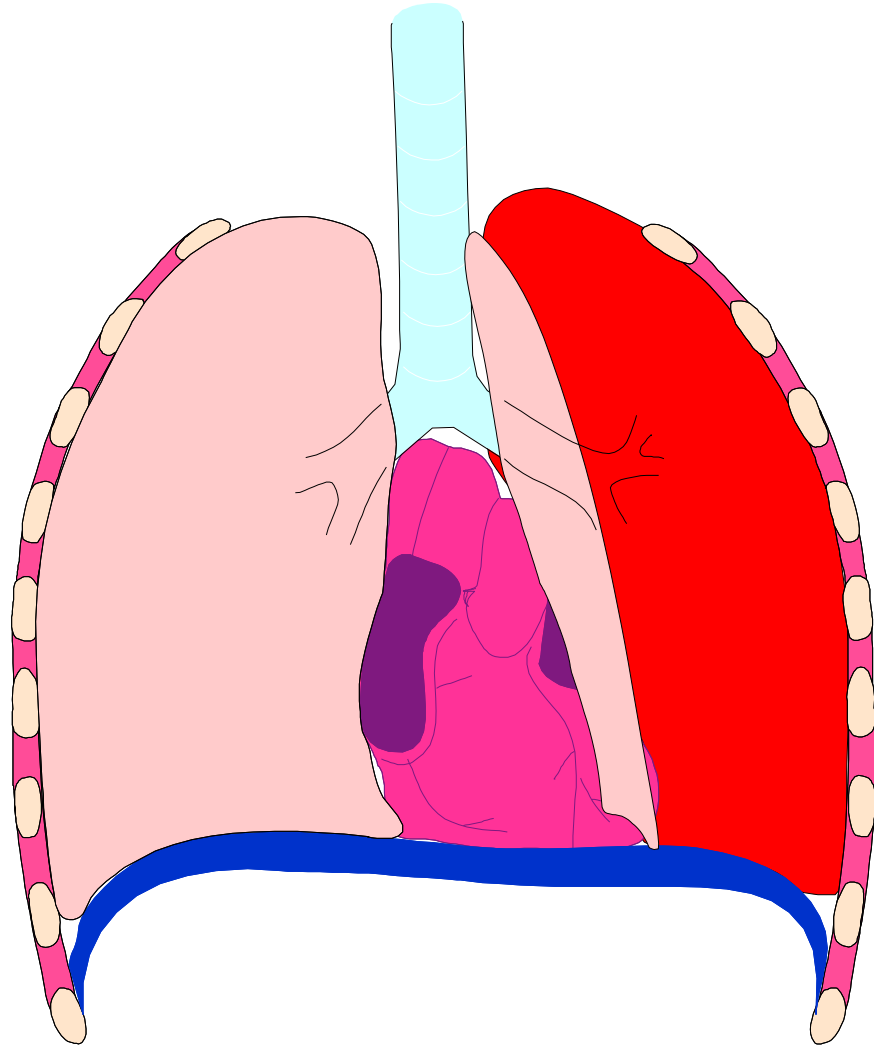
# Hemothorax



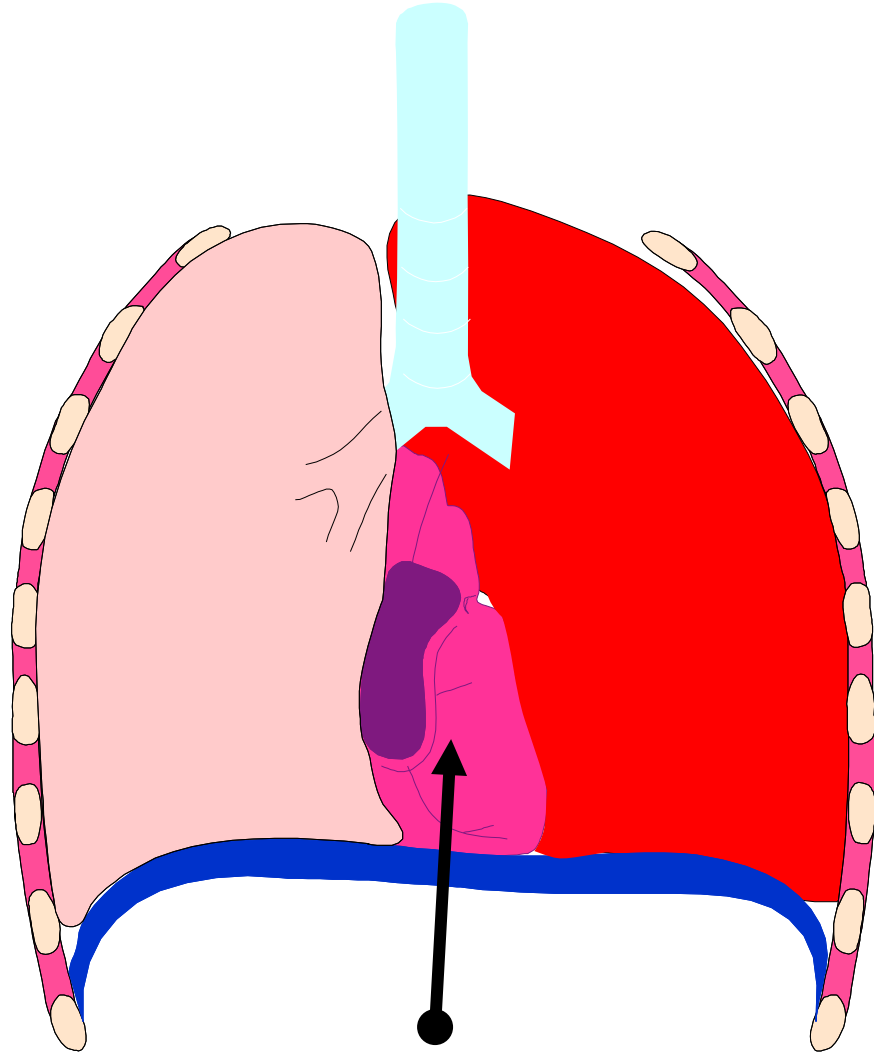
# Hemothorax



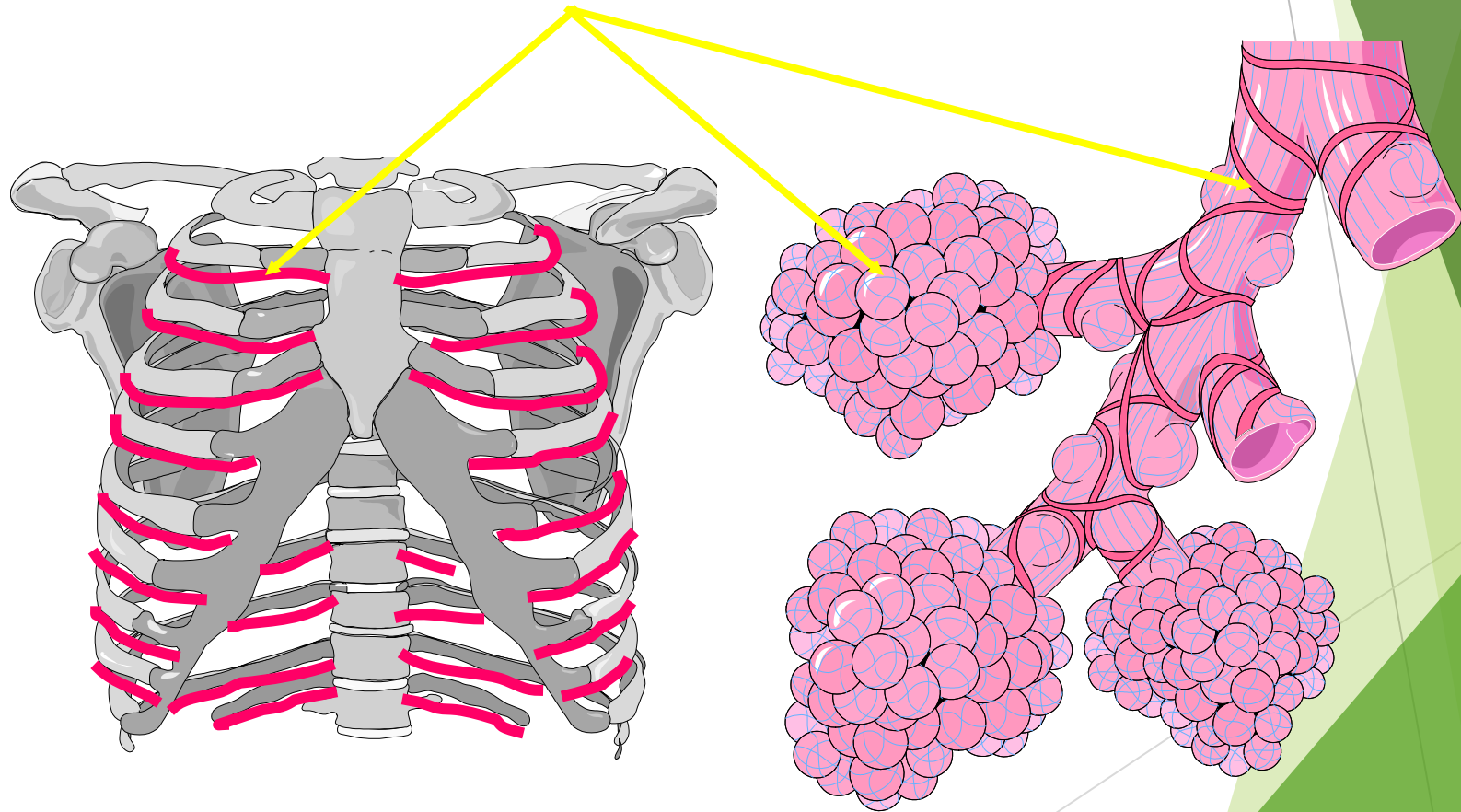
# Hemothorax



# Hemothorax

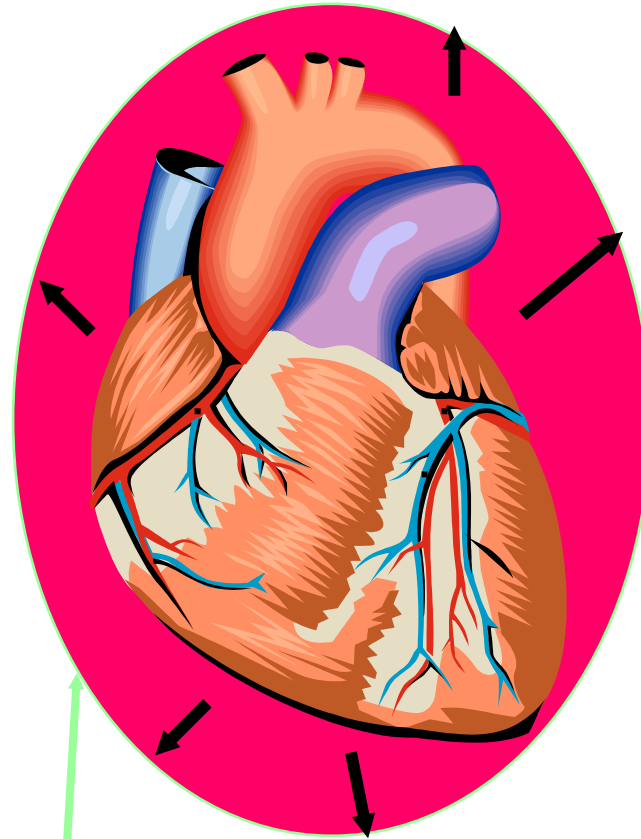


# Hemothorax



Lots of blood vessels

# Pericardial Tamponade

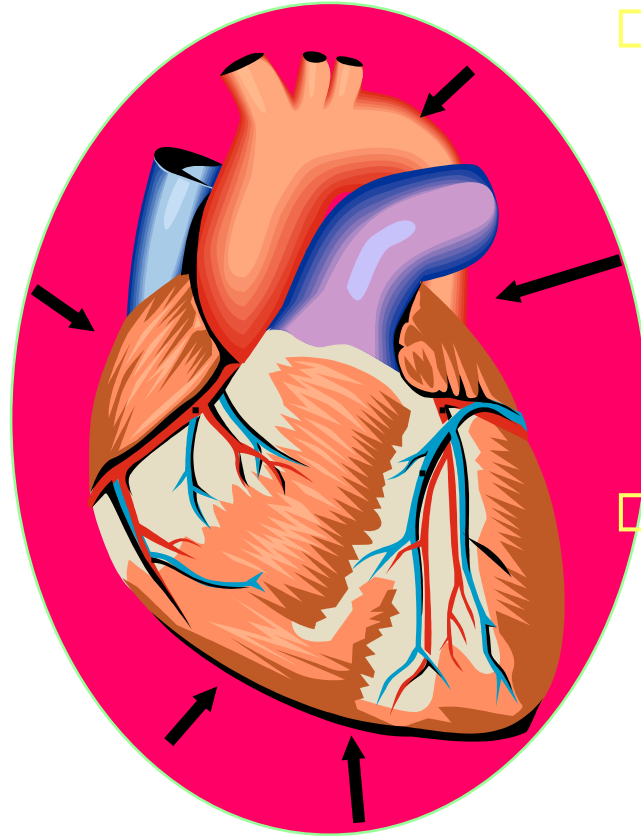


pericardial sac

- Blood and fluids leak into the pericardial sac which surrounds the heart.
- As the pericardial sac fills, it causes the sac to expand until it cannot expand anymore

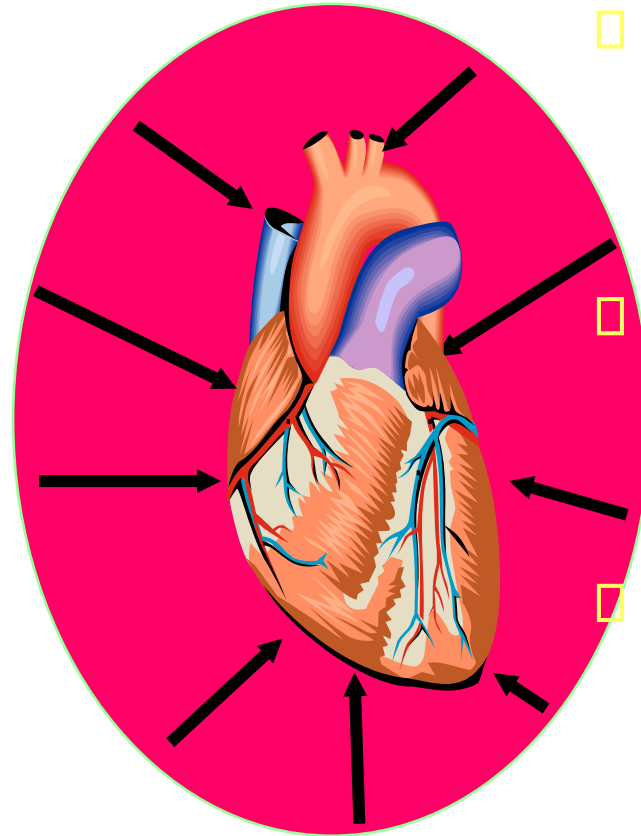


# Pericardial Tamponade



- Once the pericardial sac can't expand anymore, the fluid starts putting pressure on the heart
- Now the heart can't fully expand and can't pump effectively.

# Pericardial Tamponade



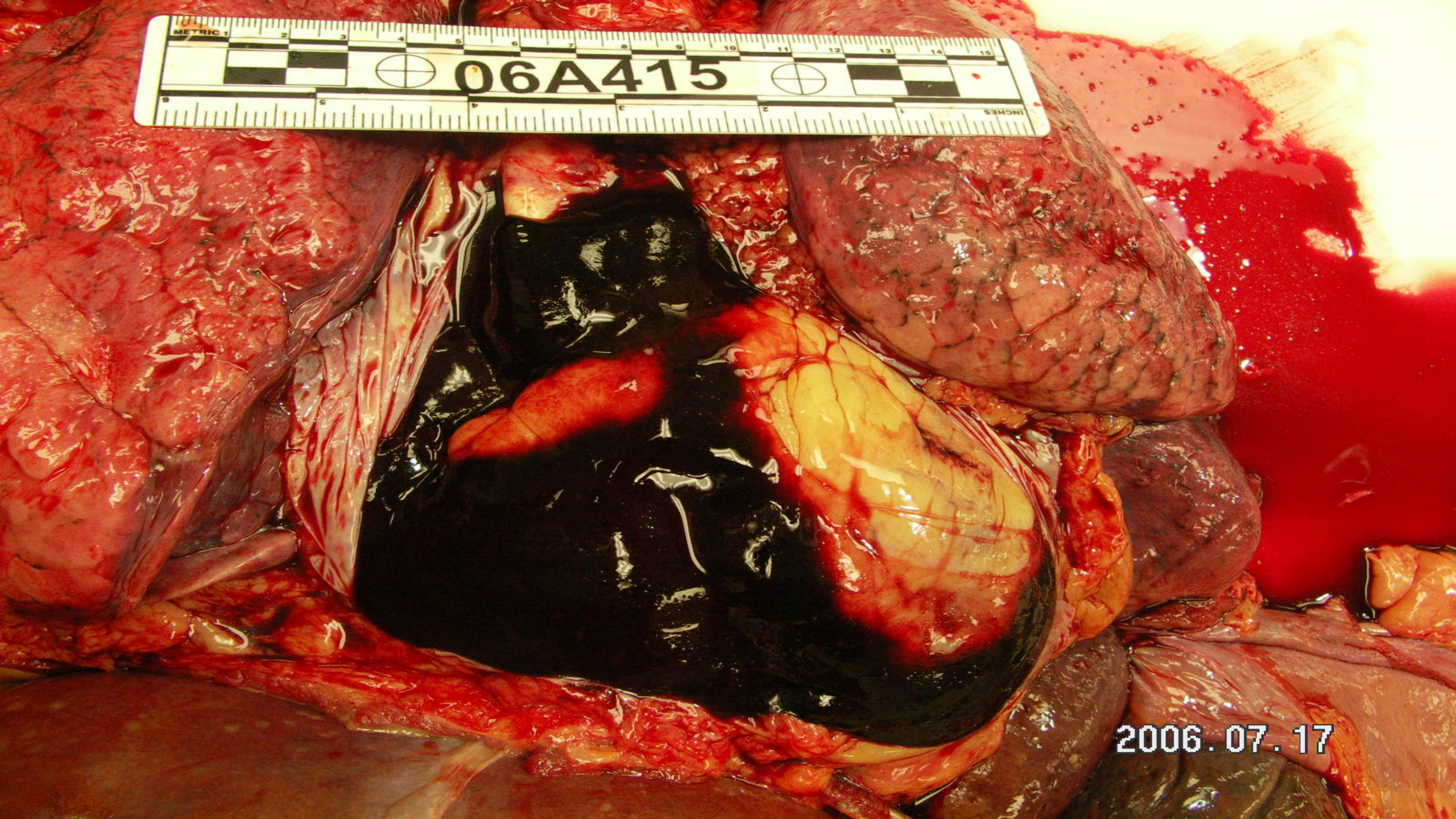
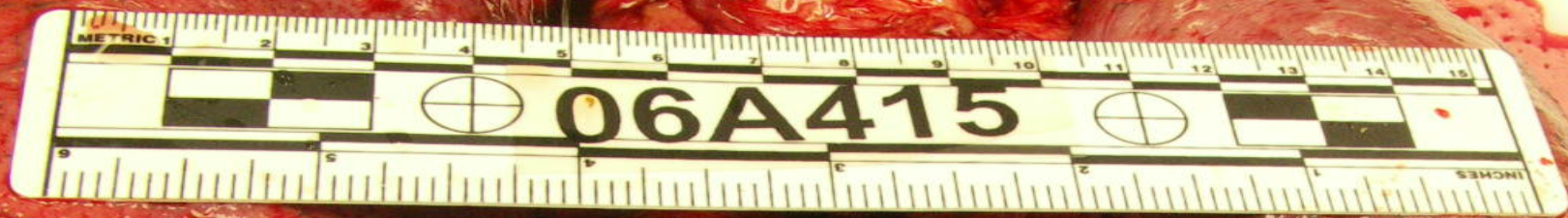
- With poor pumping the blood pressure starts to drop.
- The heart rate starts to increase to compensate but is unable
- The patient's level of conscious drops, and eventually the patient goes in cardiac arrest





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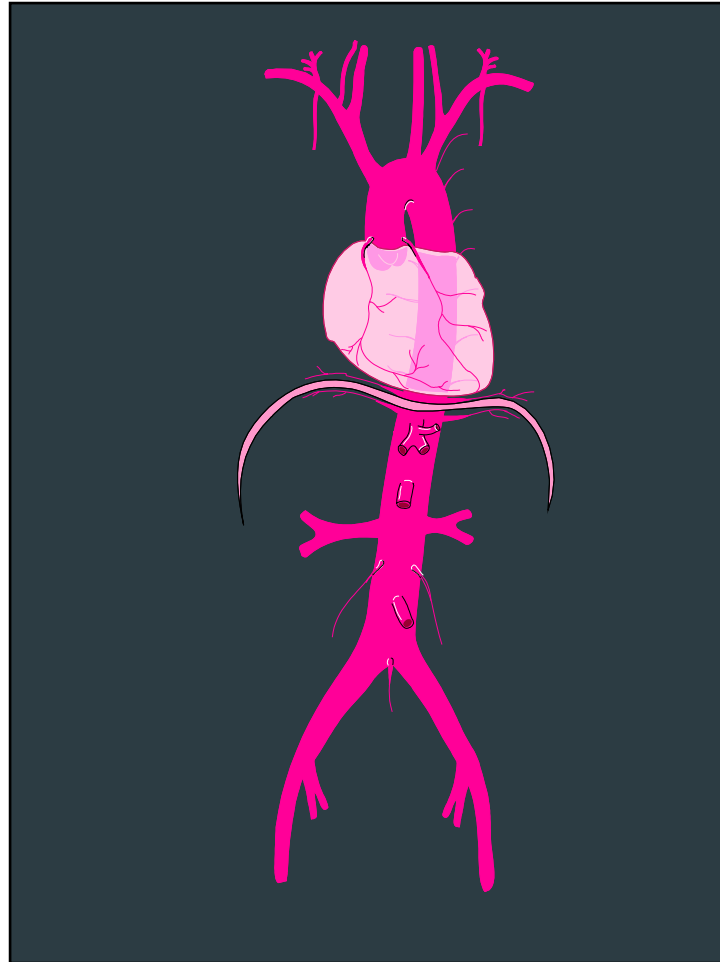




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# Traumatic Aortic Rupture



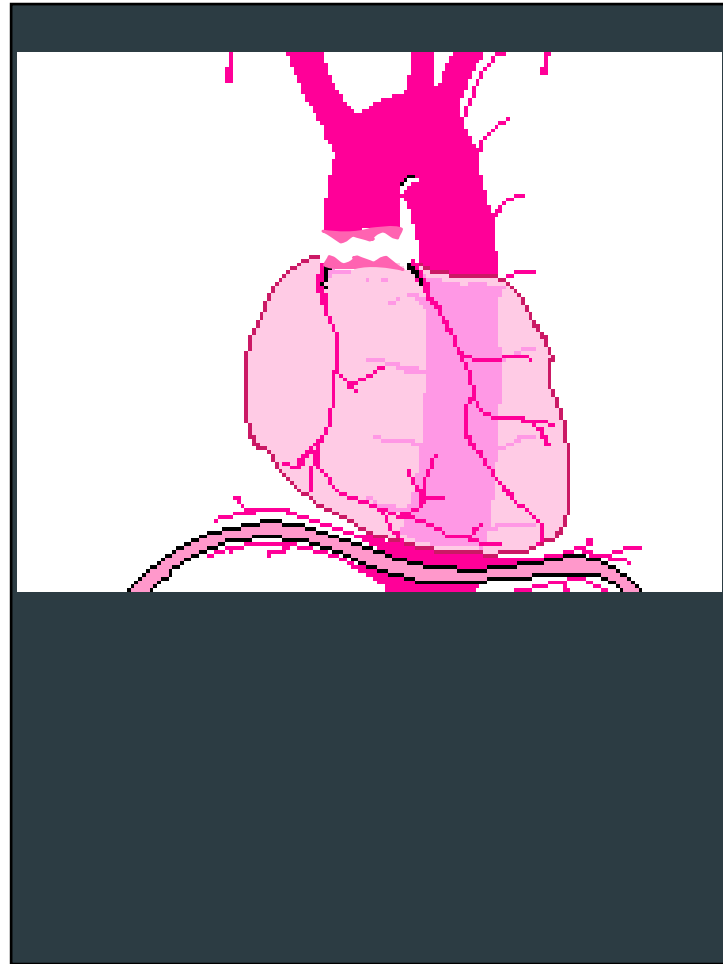
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# Traumatic Aortic Rupture



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# Abdominal & Thoracic Injuries

- ▶ Injuries are rare
- ▶ Solid organs most often injured
- ▶ Life threatening

# Traumatic Asphyxia

- ▶ Results from sudden compression injury to chest cavity
- ▶ Can cause massive rupture of Vessels and organs of chest cavity
- ▶ Ultimately Death



# Diaphragmatic Rupture

- ▶ A tear in the Diaphragm that allows the abdominal organs enter the chest cavity
- ▶ More common on Left side due to liver helps protect the right side of diaphragm
- ▶ Associated with multiple injury patients

# Diaphragm Rupture



# Abdomen



# Anatomy

- ▶ Organs are part of:
  - ▶ Digestive system
    - ▶ Stomach, liver, pancreas, gall bladder, large & small intestine, spleen
  - ▶ Urinary system
    - ▶ Kidneys, bladder
  - ▶ Reproductive system
    - ▶ Uterus, ovaries, prostate, seminal vesicles

# Anatomy

- ▶ Solid organs
  - ▶ More often & easily injured
  - ▶ Can cause rapid death due to large blood supply—internal bleeding
  - ▶ Spleen, liver, kidney, pancreas
- ▶ Hollow organs
  - ▶ Injuries are rare because tubes are hollow—assist in transporting substances from one organ to another

# Abdominal contusions

- ▶ Not common but most likely to occur in collision sports
- ▶ Mxn:
  - ▶ direct blow to abdomen, compressive force to abdominal wall
- ▶ S/S:
  - ▶ pain, tightness, hematoma formation under the fascial tissue surrounding muscle

# Spleen injury

- ▶ Mxn:
  - ▶ Direct blow to upper left quadrant
  - ▶ Falling on UL quadrant
  - ▶ Infectious mononucleosis causes enlarged spleen putting athlete at risk
    - ▶ If spleen is enlarged due to mono, may resume activity after 3 weeks if the spleen is no longer enlarged or painful and there is no fever

# Spleen injury





# Kidney Contusion

- ▶ Mxn: blow to the back
- ▶ S/S:
  - ▶ signs of shock
  - ▶ nausea
  - ▶ vomiting
  - ▶ rigidity of muscles of back
  - ▶ hematuria (blood in urine)
  - ▶ referred pain radiates forward around the trunk into the lower abdominal region

# Kidney contusion

- ▶ Kidney contusion



- Kidney Laceration



# Liver Contusion/laceration

- ▶ Mxn:
  - ▶ hard blow to right side of abdomen
- ▶ S/S:
  - ▶ hemorrhage
  - ▶ signs of shock
  - ▶ referred pain
    - ▶ just below the right scapula
    - ▶ right shoulder
    - ▶ substernal area
    - ▶ anterior left side of chest (occasionally)

# Injuries to Bladder

Mxn:

- ▶ blunt force to lower abdominal region if the bladder is distended by urine
- ▶ Hematuria associated with contusion of bladder during running
- ▶ Known as runner's bladder
- ▶ S/S:
  - ▶ blood in urine
  - ▶ Referred pain to lower trunk, upper thigh anteriorly
  - ▶ With rupture, athlete will be unable to urinate

# Testicular/Scrotal contusion

- ▶ Due to considerable sensitivity & vulnerability, contusions to the scrotum & testicles cause extreme pain, nausea and disability
- ▶ Important for males to wear proper protection to prevent incidence of contusions
- ▶ Mxn:
  - ▶ direct blow to the genitalia

# Testicular/Scrotal contusion

- ▶ S/S:
  - ▶ hemorrhage
  - ▶ fluid effusion
  - ▶ muscle spasm
  - ▶ Vomiting is severe

# Sequelae of abdominal injuries



## Abdominal injuries-

Liver laceration or rupture of the liver following trauma resulting in haemorrhage . Could cause shock and circulatory failure.

Early complications:

relate to hypoperfusion or massive blood transfusion

Later sepsis could occur

Dilutional coagulopathy and thrombocytopaenia are common following hepatic repair



Severe injury of the spleen could result in massive haemorrhage and even very rapid death.

- **Renal injuries**

- **Immediate sequelae - haemorrhage due to involvement of vessels. Might be even enough to cause the death of the person.**
- **Early complications occur within the first month**
  - **bleeding,**
  - **infection,**
  - **peri-nephric abscess,**
  - **sepsis,**
  - **urinary fistula,**
  - **hypertension,**
  - **urinary extravasation.**

- Delayed complications include;
  - hydronephrosis,
  - calculus formation,
  - chronic pyelonephritis,
  - hypertension,
  - arteriovenous fistula,
  - pseudoaneurysms.

Delayed retroperitoneal bleeding usually occurs within several weeks of an injury or procedure and may be life-threatening.

- Intestinal injuries;

Commonest complication is perforation. Penetrating trauma is the usual cause of injury but it is also found blunt force trauma as well. If left undiagnosed could result in peritonitis.

Complications - fracture pelvis

### Acute:

- Major haemorrhage , shock,
- Visceral and soft tissue injury:
  - fractures involving perineum or vagina,
  - associated with lacerations into the rectum or bladder Urethral injuries common in males. Insertion of a urethral urinary catheter contraindicated
- Sacral plexus injury
- Ileus

- Severe pain
- Fat embolization
- acute respiratory distress syndrome:
- DVT - prolonged bed rest, and prophylaxis is often contraindicated

Late:

- Infection-second most common cause of death
- Disability/immobility/instability
- Incontinence
- Chronic pain

# Upper Limb



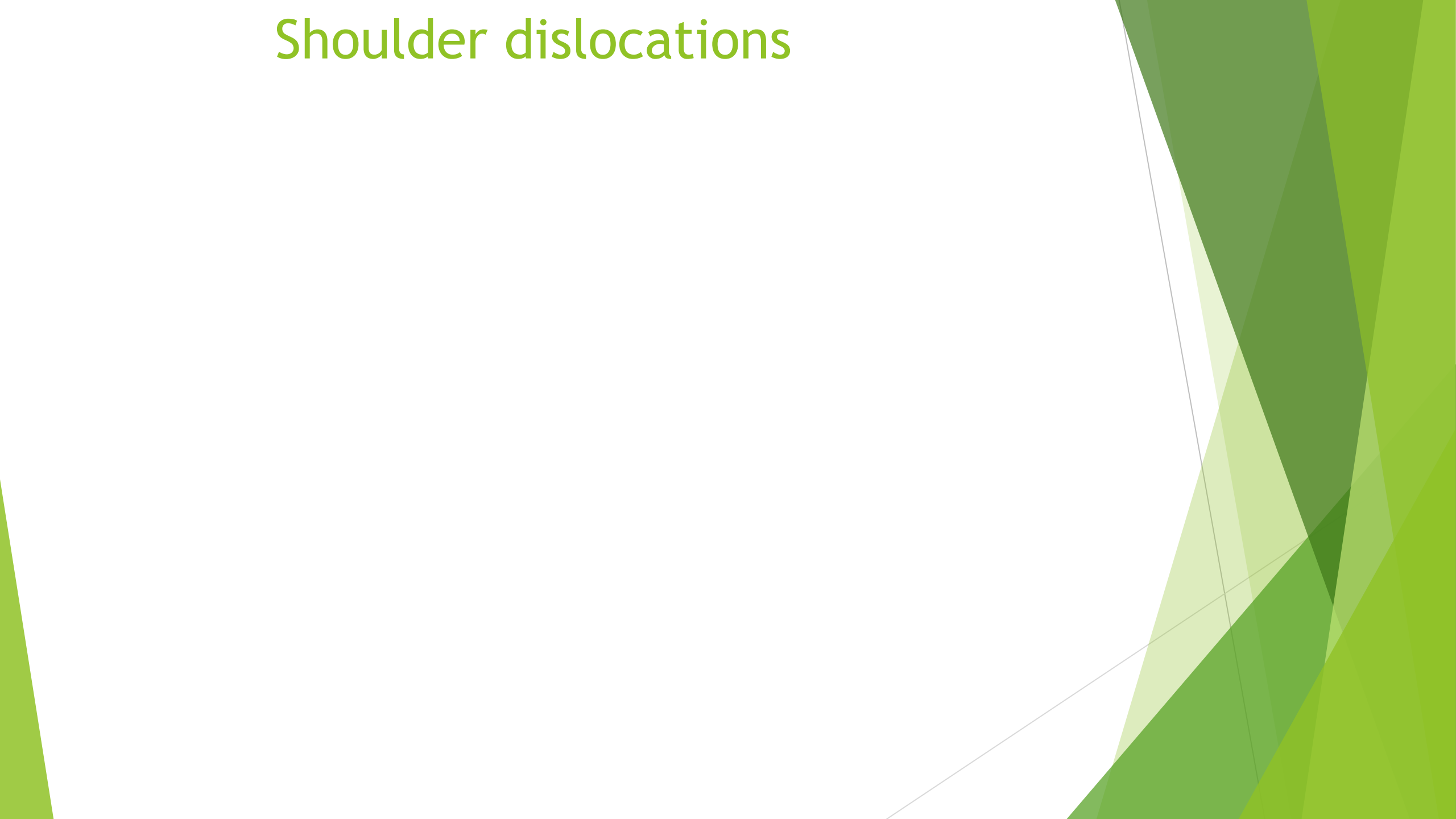


# Clavicular Fractures





# Shoulder dislocations



Anterior sh



# Elbow trauma

- ▶ Fractures
- ▶ Dislocations
- ▶ Ligament sprains
- ▶ Look for compartment syndrome
- ▶ Rule out neurovascular injury

# Elbow fractures

- ▶ Supracondylar, epicondylar
- ▶ Radial head/neck
- ▶ Olecranon
- ▶ Coronoid process

- ▶ Defense wounds
- ▶ 'offensive' injuries
- ▶ Fractures
- ▶ Potentially lethal complications
  - ▶ Infection
  - ▶ Haemorrhage
  - ▶ Traumatic amputations

# Lower Limb





# Hip Fracture

- ▶ Typically results from high-energy forces
  - ▶ Automobile crashes
  - ▶ Falls from heights
    - ▶ 3X more common in women
    - ▶ Increases significantly with advancing age

# Hip Luxation

- ▶ Rare
- ▶ High forces
  - ▶ Motor vehicle accidents
  - ▶ Falls from heights
  - ▶ Skiing accidents
- ▶ Usually accompanied by fracture (acetabulum, proximal femur, both)

# Femoral Fracture

- ▶ Not just femoral neck
- ▶ Winqvist et al.: of 520 femoral fractures, 78% from:
  - ▶ Automobile crashes
  - ▶ Motorcycle crashes
  - ▶ Automobile-pedestrian accidents

# Falls from heights

- ▶ Proximal femoral fractures
  - ▶ Risk increases with age
  - ▶ 4.5/100 people 70 or older
- ▶ Femoral neck fracture
  - ▶ Direct impact to greater trochanter
  - ▶ Lateral rotation of leg while body falls backwards

# Knee

- ▶ Cruciate ligament sprain
- ▶ Meniscus injury
- ▶ Collateral ligament sprain
- ▶ Knee extensor disorders
  
- ▶ Case: Patellar tendon rupture

# Traumatic fracture of tibia and fibula

- ▶ Most common mechanisms
  - ▶ Vehicle-pedestrian accidents
    - ▶ Direct impact / crush
  - ▶ Sports
    - ▶ Torsion, bending

# Lower-leg injuries

- ▶ Compartment Syndrome
- ▶ Tibial Stress Syndrome
- ▶ Stress Fracture
- ▶ “Shin Splints”
- ▶ Traumatic fracture of tib/fib

# Foot and Ankle Injuries

- ▶ Ankle sprain
- ▶ Achilles tendon
- ▶ Plantar fasciitis
- ▶ Toe Injuries



# Possible complications of lower limb injuries

- ▶ Haemorrhagic shock
- ▶ Pulmonary embolus
- ▶ Fat embolization - pulmonary distress
  - cerebral signs
  - petecheal rash

## Limb injuries

Traumatic amputation will lead to functional loss.

It will also effects the life style and working capacity.

Amount of disability depends on the severity of the injury and the anatomical part involved.

Involvement of the joints might later cause scar formation and strictures affecting the functions of the limb.

Compartment syndrome is another complication of limb injuries.

Prolonged immobilization of limbs could cause disuse atrophy and weakness of the limbs.

## Spinal injuries:

One can have spine injury without spinal cord injury.

- Many people suffer transient loss of function.
- Cord injury either may be complete or incomplete.
- This gives rise to sensory and motor dysfunction depending on the severity and the location of the injury.

## Other complications:

- Bowel and bladder Dysfunction
- Infections of the bladder
- Anal incontinence, after traumatic injury.
- Sexual function is also associated with the sacral spinal segments, and is often affected after injury.
- Injuries at the C-1/C-2 levels will often result in loss/impairment of breathing,
- Inability or reduced ability to regulate Heart rate, blood pressure, sweating and body temperature.
- Spasticity (increased reflexes and stiffness of the limbs).

- Neuropathic pain.
- Abnormal increases in blood pressure, sweating, and other autonomic responses to pain or sensory disturbances.
- Atrophy of muscle.
- Osteoporosis (loss of calcium) and bone degeneration.



**Discuss different mechanisms and causes of death in a victim who has received a karate kick to the abdomen;**

**Elderly**

**Child**

**Pregnant woman**

**Individual with an enlarged spleen**

**Thank you**

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the right side of the frame, with some extending towards the center. The overall aesthetic is clean and modern.